

Beta Tau NEWSLETTER



Aspire to create positive change through collaboration, service, and leadership opportunities.

Cultivate growth of members and chapters.

Thrive together by fostering a sense of belonging and celebrating success.

Teressa's Message

Melody Beattie, an American self-help author, once stated, "Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."

Will all of the chaos and confusion happening around us right now, this quote during this Thanksgiving season resonates with me and hopefully you too. It's easy to feel overwhelmed but believing in grace and gratitude has the ability to expand our spirits and give us a more positive outlook. I am thankful for being able to call a friend when I need someone to talk to, my husband and I are still going strong, and Johnny, my oldest child, has stayed gainfully employed for four months (which I was really unsure about). Can you name three things for which you're grateful? Totally optional, but if your're willing to share your responses, I will have pens and index cards ready at the meeting.

Thank you, Sisters, for attending our meetings and giving your input. Thank you for always being a listening ear and offering your expertise, advice and suggestions to me and our various committees. Thank you for being a light during some stormy weather when we face it; we're not alone.

Your sister,
Teressa Lowrance

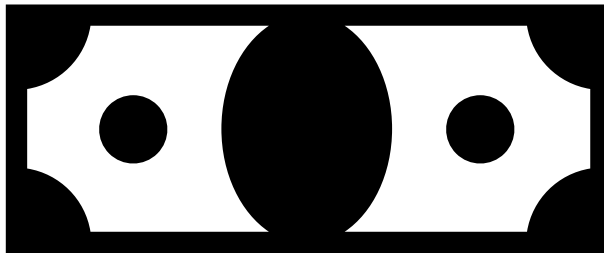
Beta Tau Newsletter

Beta Tau Chapter
San Antonio, Texas
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SAVE THE DATE

<p>Saturday, November 15, 2025 10:00 a.m. Scholarships ASTEF Project Work Based Learning</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX 78217</p>
<p>Saturday, December 13, 2025 10:00 a.m. Silver Scholarship Fundraiser Social Meeting Homemade Cookie Sale</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX 78217</p>
<p>Saturday, January 17, 2026 “Happy 90th Birthday, Beta Tau” Speaker: Beverly La France, Area 6 Coordinator Social Meeting</p>	<p>TBD</p>
<p>Saturday, February 14, 2026 10:00 a.m. Social-Business Meeting Presenter: Cathy Criner STAR Slate of Officers 2026-2028</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX 78217</p>
<p>Saturday, March 21, 2026 11:00 a.m. Social Meeting Regional Area Workshop Plans</p>	<p>Silo Elevated Cuisine 434 N. Loop 1604W San Antonio, TX. 78232</p>
<p>Saturday, April 11, 2026 10:00 a.m. Health-Mind, Body, Wallet Co-presenters</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX 78217</p>

MONEY, MONEY, MONEY!!!



Our chapter has enough money in our accounts to enable us to fund projects for our classroom teachers and chapter projects. Put on your thinking caps, do your research and bring a budget for your requests. The membership votes on the funding.

Check out Beta Tau's Website
<http://deltakappagamma.org/TX-betatau/>

Minutes of the Beta Tau meeting
October 11, 2025 at MacArthur
Lutheran Church



Our meeting began with a Meet and Greet and a light brunch. Door prizes were given out with winners being President Teresa Lowrance, Cindy Parish, and Carolyn Smith.

Jeannette Pierce introduced our scholarship recipient, Patricia Flores, a first grade teacher from Westside Crockett Academy, SAISD. She received her check and spoke with thankfulness for the scholarship, speaking of her goal to get a Masters degree in education.

An update on our nominations committee was given by President Teresa whose term expires this year. So she is looking for someone who would be interested in learning about being the president of Beta Tau.

A class project of job interviewing update report was given by President Teresa. Her class will start videoing students in the next few weeks and asked for donations of dress shirts and ties, and a discussion of all project details as needed. She will be using her phone for the video process as she chose not to purchase the store video but is interested in a stand.

Members news report was given by Cindy Kosub. Jane Kernaghan has been hospitalized several times, and Cindy asked for prayers and phone calls to Jane. Myrna Burkes reported news of Jeannette Ferguson's health struggles with memory issues and her husband, Martin, is also having health issues. She is asking for prayers for them as well. Myrna also gave an update on her family's health and is thankful for calls, cards, and prayers.

A discussion was held of the importance of sending contact information through email for current contact info. President Teresa will send current contacts through email. An address update paper was passed around among members.

Treasurer Scotta Williams reported all members dues are paid. Beta Tau has 34 active members and 5 reserve members.

Flyers were passed around for upcoming voting elections. Voting discussion was held about Proposition 4, a constitutional amendment helpful for our city, and Proposition 14 with our state leading the nation in funding for Alzheimers and Dementia.

Everyone went through the Red Bowl Auction to enjoy "treasures" purchased with their tickets. Treasurer Scotta Williams announced a total amount raised of \$238.00. Proceeds go to teacher grants.

Respectfully submitted,

Kay Aguilar

MEETING PICTURES



Carol Burket, Cindy Kosub, Cindy Parisher and Lola Hill meet Carolyn Dahlgren (center) by the sign in table.

Patricia Flores, scholarship recipient, and Jeanette Pierce visit before the meeting gets underway.



Myrna Burkes, Lola Hill, Carol Burket and Cindy Parisher smile for Suzette before enjoying their treats.

RED BOWL AUCTION!!!!



Patricia Flores, scholarship recipient, Ruby Lopez and Bel Rocha pause during their refreshments for a picture.



President Teresa Lowrance and Myrna Burkes getting their refreshments. Is it another brunch?!

Ginny Stowell, Ann Carter and Cindy Kosub pause to smile for our photographer.



The hard working 2nd VP and recording secretary Kay Aguilar poses with Carol Burket at our October meeting.



Patsy Roe visits with VP1 Jeanette Pierce and VP2 Kay Aguilar.

Kathy Helmke catches up with Teresa Lowrance at the October meeting.



Good friends Teresa Lowrance, Myrna Burkes, Scotta Williams and our photographer, Suzette Price, visit at the Red Bowl Auction.

Requested Recipe from Scotta Williams

Sopapilla Cheesecake Bars

Ingredients

- 2 cans (8 oz each) Pillsbury™ refrigerated crescent dinner rolls
- 2 packages (8 oz each) cream cheese, softened
- 1 1/2 cups sugar
- 1 teaspoon vanilla
- 1/2 cup butter, melted
- 1 tablespoon ground cinnamon

Directions

1. Heat oven to 350°F.
2. Unroll 1 can dough. Place in bottom of ungreased 13x9-inch (3-quart) glass baking dish. Stretch to cover bottom of dish, firmly pressing perforations to seal.
3. In medium bowl, beat cream cheese and 1 cup of the sugar with electric mixer on medium speed until smooth. Beat in vanilla. Spread over dough in baking dish.
4. Unroll second can of dough. Carefully place on top of cream cheese layer. Pinch seams together.
5. Pour melted butter evenly over top., Mix remaining 1/2 cup sugar with the cinnamon and sprinkle evenly over butter.
6. Bake about 30 minutes or until center is set. Cool slightly, about 20 minutes.
7. Refrigerate for easy cutting. Cover and refrigerate any remaining bars.

MEMBER NEWS

Charlotte Haines Gates' Friday Singers performs for an appreciative audience.



Ruby Lopez requests prayers for her grandson who is having dialysis daily.



Remember reserve member Jeannette Ferguson and her husband, Martin, with their health struggles.



Jane Kernaghan has been hospitalized several times recently. Cindy Kosub requests cards, calls and prayers.



Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Teresa Lowrance, and corresponding secretary, Ginny Stowell.

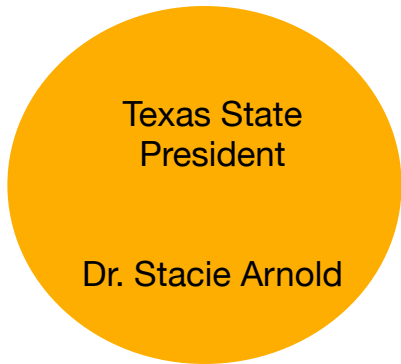


Mission Statement

The Delta Kappa Gamma Society International promotes Professional and personal Growth of women educators and Excellence in education.

Newsletter Graphics

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Texas State President

Dr. Stacie Arnold

Vision Statement

Leading Women Educators
Impacting Education Worldwide

Beta Tau Officers

PRESIDENT	Teresa Lowrance
1st VICE PRESIDENT	Jeanette Pierce
2nd VICE PRESIDENT	Kay Aguilar
TREASURER	Scotta Williams
RECORDING SECRETARY	Kay Aguilar
CORRESPONDING SECRETARY	Ginny Stowell
PARLIAMENTARIAN	Myrna Burkes

We're on the Web!

<http://deltakappagamma.org/TX-betatau/>