# Beta Tau N E W S L E T T E R



**S**eek new members and opportunities

🔘 pen your heart, mind, and attitude



 ${\sf R}$  each to renew, respond, and relate



Dear Sisters,

For many of us, March ushers in Spring which delights us with its whimsical weather and new life. For others, it's a time of reflection as Lent reminds us to have extra discipline as we prepare for Easter. **Self-discipline is an act of cultivation.** When I think of March and cultivation, I think of our relationships in Beta Tau. Many of us have had years to cultivate relationships in Beta Tau, and some of use have only had a few seasons. The prayers, good will and sharing personal stories all remind me of the strength of our sisterhood. Self discipline plays a part as well. Beta Tau is one of the highest honors in teaching, and only the most disciplined and most dedicated are recommended. The honor means so very much to the ones who keep this organization strong and vibrant. Like March, we cultivate, we sow and we keep growing for future seasons.

#### Beta Tau Newsletter

Beta Tau Chapter San Antonio, Texas Kathy Moran, Editor 5418 Bright Run, San Antonio, TX 78240 kmmsplace@msn.com (210) 844-0329

On a prayerful note, I am so happy to hear Myrna's granddaughter is recovering and out of ICU. Please keep her family in your prayers during her family's ordeal.

> A Fellow Sister, Teressa

## Texas State Convention Denton June 24-26, 2025

Although the convention itself runs June 24-26, if you're making reservations really it's June 23-27. Get a roommate & anticipate some fun. Breakout sessions, birthday celebration, a choir, ASTEF fundraiser (tax deductible), vendors (shopping!), and a banquet are all on the schedule. Save some \$\$ and bring your own lunch food. Fridges in room. Hope a bunch of you are planning to go!

# SAVE THE DATE

March 22, 2025 11:00 a.m. Socia-Business Meeting Key Women Educator Awards	La Fonda Restaurant Alamo Heights 8633 Crownhill Blvd. 78209
April 26, 2025 10:00 a.m. <mark>Social-Business Meeting</mark> Presenter - to be arranged	MacArthur Park Lutheran Church 2903 Nacogdoches 78217

Check out Beta Tau's Website http://deltakappagamma.org/TX-betatau/



Date to Remember May 31

Please Pav Your Dues to Beta Tau Chapter Amount Due Active-\$75 Reserve-\$35

Treasurer Scotta Williams 3027 Split Rock Circle, Bulverde 78163 Venmo or Zelle to 210-317-9998

For professional honor as a key woman education

(member name)

#### **Check Out Your Benefits:**

- Fellowship and Networking with other key educators around the world
- Leadership Roles and Training
- Opportunities to impact education worldwide

Dues Reminder

- Professional Development
- Scholarships for graduate study and funding for projects
- Access to the DKG Social Network
- Professional environment for presenting and publishing
- DKG Publications

#### You impact education – renew your membership today.



Saturday, May 3rd Time: 1:00-3:00pm

Place: Region 20 1314 Hines 78208

### Price: \$15 per person (includes meal from Jason's Deli)

Please contact Scotta Williams at mexminist@aol or text at 210-317-9998 if you plan to attend.

Include your sandwich selection: Turkey - Ham - Chicken Salad - Veggie Wrap

Payment can be mailed to Scotta, or pay her at the March meeting by check, or Venmo or Zelle her at 210-317-9998. Deadline to place order: April 4th

> Sponsored by: San Antonio Coordinating Council

### MARCH MEETING

Our March meeting is at La Fonda Alamo Heights - a favorite place to enjoy Mexican food. We have the private party room. Awards will be given for Key Woman Educator in Education, Community Service and Chapter Service. Please join us in honoring our Key Women. Contact Kay Aguilar by March 19 at kma63084@gmail.com.



Corrected January Meeting Notes Beta Tau Chapter Delta Kappa Gamma Silo Elevated Cuisine 434 N. Loop 1604 W. Bldg 1 Suite 1106 San Antonio, TX. 78232 January 11, 2025

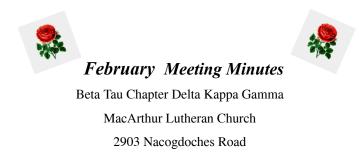
President Teressa Lowrance called the meeting to order at 11:12 a.am. and welcomed members in attendance.

Carolyn Dahlgren Welcomes guests and gives door prizes. President Teressa Lowrance gives tribute to founders of Beta Tau as we celebrated our 89th birthday.

The meeting was adjourned as 12:40 p.m.

Respectfully submitted by: Oribel d. Rocha





San Antonio, Texas 78217

President Teressa Lowrance called the meeting to order at 10:20 a.m. and welcomed members in attendance.

Carloyn Dahlgren welcomes guests and gives door prizes.

A special thanks was given to Jennie and Patty for table decorations.

President Lowrance welcomed and introduced guest speaker from RootEd, Genevieve Suglaski

A devotional and prayers was given by Kay Aguilar.

□ The meeting was called to order and Scotta Williams announced that meeting minutes need to be printed for record and last month's minutes need to be revised.

□ Scotta Williams gives the treasurer report. The report date is dated September 14 and should be

February 8, 2025. Currently there are 37 active members.

President Lowrance announced that book prices should drop down to \$1 for donations from \$5.

□ Scotta announces that dues are for next year by end of May \$75.00 and can be made payable to Beta

Tau

□ Scotta Williams reads a letter from Jeanette Ferguson which requests to be placed on reserve status

□ At 11:13 a.m. members vote on approval.

An announcement is made that ACC meeting (Founder's Day Tea) will be on May 3. Beta Tau is in charge of music and pledge. Sign up is \$15.00. Scotta is not accepting payments yet but members can sign up.

Beta Tau will decorate Mamire Sue Bastian as the TSO Founding Father.

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Beta Tau will discuss baskets that will donated. Patty and Teressa agree to a basket and a gift card.

I Jeanette Pierce gives update on legislative and will write a short article in the next newsletter

□ Jeanette Pierce gives update on scholarship fund. There is an opportunity for scholarships from MAC united 1 adult and 1 student. Members will bring names of two candidates to the board. Patricia Flores is a possible candidate.

2 Ann Carter is the new chairperson for Educator Achievement Award Committee.

Scotta announces about the upcoming conference will be \$50.00 for registration fee but members will be responsible for meals and lodging and application is due May 15. The conference is scheduled for June 24-27. If members pay then they will be reimbursed.

In Lone Star News, the international conference will be held in New Orleans, LA from July 31 to August 2. The event will be held at the Sheraton New Orleans Hotel located at 500 Canal Street, New Orleans, LA 70130

<sup>2</sup> Members discuss the current project of the clothes closet and will continue to support or possible other ideas and to be discussed further in April Meeting.

President Lowrance announces the voting for Key Women Educators. One for educator, one for community services and one for chapter service.

□ Kay Aguilar is taking sign up for La Fonda meeting. March 19 is the final count.

The business meeting was adjourned at 11:46 am

Respectfully submitted by: Oribel d. Rocha

### Favorite Recipes From Carolyn Dahlgren

#### SPINIACH ARTICHOKE DIP

1 10 oz frozen chopped spinach8 oz cream cheese2-3 T sour creamShredded cheese to taste

14 oz can of artichoke hearts1/2 c butterdash of Tabasco saucebuttered bread crumbs to taste

Cook spinach according to directions & drain. Drain the artichoke hearts & chop. Add to spinach. Chop the cream cheese & butter, add to the spinach mixture. Add sour cream & Tabasco, mix well. Bake at 350 degrees for 20 minutes. Sprinkle Swiss cheese or bread crumbs over the top & bake for several minutes longer. Serve with your favorite crackers, chips or fresh vegetables.

### **JALAPENO SPINACH**

3 10 oz packages of frozen spinach
2 T flour
1/2 c evaporated milk
3/4 t celery seed
6 oz Roll jalapeño cheese
Salt/pepper to taste

1/4 c butter/margarine2 T chopped onion1/2 t pepper3/4 t garlic salt1 t Worcestershire sauce

Cook spinach according to directions, drain & SAVE THE COOKING LIQUID. Melt butter over low heat, add flour & blend well. Cook for 1-2 minutes, but do not brown. Add the onion and cook until tender, but not brown. Add milk & 1/2 c of reserved spinach liquid. Cook until thickened, stirring constantly. Add pepper, celery seed and garlic salt, mix well. Cut the cheese into pieces and add to the sauce gradually, stirring until the cheese melts and the sauce is well blended. Add the spinach, mix well. Add the Worcestershire sauce, salt & pepper. Serve immediately or pour into a greased 2 quart casserole. Refrigerate the casserole covered until ready to use. Bake uncovered at 375 degrees for 30-40 minutes or until bubbly. The flavor improves if I prepare it a day ahead. 6-8 servings

# **MEETING PICTURES**

Sisters in Beta Tau, Ruby Lopez, Carolyn Dahlgren, Bel Rocha and Ann Carter enjoy a bite before the meeting starts.





Carolyn Smith and Ann Carter catch up with each other at the name tag table.



Scotta Williams, 1st VP Jeanette Pierce and Kathy Moran are pictured with Jeanette's fund raiser mugs.

Lola Hill and Brenda Krueger smile for Suzette Price.





The gang's all here: Bel Rocha, Suzette Price, Roberta Carlson, Carol Burket and Lola Hill.



Bringing each other up to speed: Teressa Lowrance, Patty Raney and 2nd VP Kay Aguilar.

Best buds: Dawn Fenerty and President Teressa Lowrance





Carol Burket, Brenda Krueger and Lola Hill visit before the meeting.



Carolyn Dahlgren, Treasurer Scotta Williams, Corresponding secretary Ginny Stowell and Patty Raney look jolly!



Our intrepid Ruby Lopez mans the Book a Buck and puzzle center, raising money for our causes.

# **Member News**

Please remember Myrna's daughter, Beth, in her cancer battle which now includes leukemia. Also her granddaughter, Maddie, is out of ICU but had emergency surgery to clear out infection.



Please keep Jeannette Ferguson in your prayers. She is dealing with neuropathy in her feet while her husband is dealing with an impaired back.



Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Teressa Lowrance, and corresponding secretary, Ginny Stowell.



# ASTEF needs gift cards for a convention fundraiser that will help chapters and members.

ASTEF Board Member Kimbra Bishop is requesting donations of gift cards for the 2025 Mystery Mania, a fund raiser for ASTEF at TSO convention in Denton. Cards can be for widely accessible stores like Lowe's, McDonald's, Amazon, etc. or MasterCard, Visa, American Express, or Discover, which can be used in many stores.

Mystery Mania is a very popular fundraiser where the member buys a chance for \$10 and picks a number from the board that correlates with a card not knowing the value. The cards range in value from \$10 to \$100 so everyone will be a winner. Every year we collect over 200 cards and are sold out in the first four hours on the first morning. Members continue to visit our booth wanting to buy cards. We need more cards.

Chapters have been asked to send two cards of at least \$10 value in a greeting card so that it looks like regular mail. Please include your email so a thank you can be sent that your gift cards were received safely. Also please put the value on the card. We are inviting individual members to join in by sending a card or cards to assure we can stay open longer.

#### Please do not plan to bring your cards to convention as they need to be organized earlier.

Remember that ASTEF funds raised at convention support:

- Stipends for chapters and individual projects, and
- Grants for Aspiring Educators that are recommended by chapter members

Sending a card supports activities for your chapter and chapter members. Thanks for supporting ASTEF, Alpha State Texas Educational Foundation.

We are asking that all cards be mailed to the address below **no later than May 31.** 

Kimbra Bishop 888 Alexander Rd. Olney, TX 76374



kbishop.dkg@gmail.com

940-564-0940



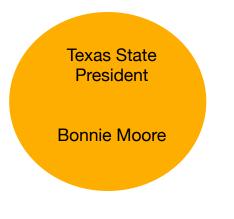
### HAPPY MARCH BIRTHDAYS!

Teressa Lowrance. 8 Kathy Helmke 9 Lynda Haile. 13 Evie Montemayor 24 Bel Rocha 24 Kathy Moran 31

#### Mission Statement

The Delta Kappa Gamma Society International promotes Professional and personal Growth of women educators and Excellence in education. Newsletter Graphics

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#### Vision Statement

Leading Women Educators Impacting Education Worldwide

PRESIDENT	Teressa Lowrand
1st VICE PRESIDENT	Jeanette Pierce
2nd VICE PRESIDENT	Kay Aguilar
TREASURER	Scotta Williams
RECORDING SECRETARY	Bel Rocha
CORRESPONDING SECRETARY	Ginny Stowell
PARLIAMENTARIAN	Myrna Burkes

**Beta Tau Officers** 

### We're on the Web!

http://deltakappagamma.org/TX-betatau/

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