

ALPHA PHI INFORMER

SEPTEMBER 2016

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Recipe of the Month

COME ONE AND

Next Meeting: September 29th, Thursday at 5:30 P.M. at Wally's in East Ridge

Theme: Bring a friend to DKG

If you want to eat, come early!!

Directions: 6521 Ringgold Rd, Chattanooga, TN 37412

From the intersection of I-24 and I-75, take I-75 south to exit I; Merge onto Ringgold Rd/ US-41 N toward East Ridge; Wally's will be almost immediately on the right side.



Cami's Message

As this summer season slips away, let's all remember to be thankful for the experiences we have had with our families, friends, and Delta Kappa Gamma sisters. Hopefully, each and every one of us has wonderful memories that we will carry into the arrival of fall. Beginning a new season is a perfect time to remind ourselves to set goals; personal goals, educational goals, as well as Alpha Phi goals. One goal is to grow our membership. This coming meeting, please ask one person who is not a member to join us to learn about our International Society and what its membership has to offer. All members, whether those currently teaching or out of the classroom, be on the lookout for those ladies who would make a wonderful addition to our chapter. Think back to those ladies who are not regularly in attendance or have chosen not to renew their membership and send them an encouraging word. Everyone needs encouragement. Perhaps it is you someone is waiting to hear from regarding attendance to our meetings. If everyone will try to reach one, imagine the possibilities!

Each One Reach One

Our September meeting time 9/29 will reflect the theme, "Each One Reach One."

Each one of us is asked to invite and bring a friend and/or potential chapter member to hear how our local schools are REACHing out to help individual children and families overcome the childhood hunger crisis that plagues our city, state and country. That problem has a direct effect on the educational potential and progress of each of our students. Schools who are addressing this problem will be recognized for their efforts to help their students. Our special presenter will be Kelsey Huynh of East Side Elementary school. Her project of reclaiming valuable, unused school food products to share with students and families in their homes earned FIRST place in a competition sponsored by the Public Education Foundation this summer. Those invited to compete in this opportunity were educators participating in an entrepreneur lab to address educational and social issues in the Chattanooga Area. Representatives from several other elementary schools will be in attendance with us in order for Alpha Phi to promote networking among groups of caring educators in our school communities as they work to end childhood hunger for their students.

Each One Reach One (con't)

Additionally, Alpha Phi will address how we as DKG members may choose to reach out to our DKG Sisters in Louisiana who have requested help for their students and schools following the devastating floods in areas of that state. Our own chapter member and 1st VP Christina Atchley recently returned from visiting in Baton Rouge, LA. She describes the scenes of loss there as impossible to imagine..

Alpha Phi may select how we as ONE chapter may reach ONE teacher or ONE school as requested by ONE Louisiana DKG Chapter that has organized the effort to help.

YOUR CALL to ACTION: Reach for your calendar & LOCK in this date to be with us on 9/29 @ 5:30 PM at Wally's in East Ridge; reach for your phone & text or call a and/or friend to attend with you; reach into your heart and mind to be prepared to learn, grow, and share with your Alpha Phi Sisters.

-- Barbara Northcut, Membership Committee

More Upcoming Meetings

October

October 27th,
Thursday
5:30 P.M. Cami's house in
Soddy Daisy
Bonfire!!

Good Food; Good Friends; Cookout Atmosphere Do I hear S'Mores calling me?

Stay-tuned for Directions

Help will be Needed!!

At the International Convention we collected \$25,000 for the DKG emergency fund. This money will go to DKG teachers who are victims of a disaster. With the flooding in Louisiana, this money will not go very far. Additionally, teachers will need to restock their classrooms. We are investigating what we can to do help once the situation has stabilized. We will keep you posted.

Pop Tops



Closer to home RMH is anticipating a greater need once the Erlanger Children's Hospital is completed. Pop tops will be in greater demand. These pop tops are recycled and the money is used to pay for chemotherapy treatments for children. Families of these children stay at the Ronald McDonald House for free. Please ask your classes, your Sunday School groups, and your families to save the pop tops. Alpha Phi will take them to the RMH for you.

Alpha Phi Website





www.deltakappagamma.org/TN-alphaphi/

Alpha Phi goes for the Gold

At the Xi State Convention in June, Alpha Phi was awarded the Maycie K. Southall Award for Chapter Excellence. We received the award for Highest Honors—the gold certificate. Chapters accrue points during the year based on their activities: chapter programs, projects, having newsletters, yearbooks, websites. Chapters may earn points for attending conferences and conventions and by volunteering at these activities. Chapters also earn points through attendance at chapter meetings. This is ONE THING a member can do to help her chapter. Not everyone can attend state, regional or international meetings, but a member can attend local meetings. Attendance is our chapter weakness. Please do what you can to help.



Alpha Phi also achieved several more awards at the Xi State Convention:

- Certificate of Excellence for receiving highest honors for our Yearbook!
- Certificate of Completion for our timely completion of the chapter's Strategic Action Plan (affectionately referred to as the SAP)
- Certificate of Appreciation for our valuable contribution to the Xi State Silent Auction
- Certificate of Appreciation for our outstanding contribution to the Xi State Visual Arts Display
- Certificate of Achievement fin Communications for receiving "Highest Honors" for our chapter newsletters and print publicity
- Certificate of Achievement for receiving "Highest Honors" for our website and social media

An amazing array of awards! Congratulations to all of us!



DKGers have a "boot'n, scoot'n" good time in Nashville!

From the very beginning, members were treated to a variety of music in the Music City. We began with a motivational speaker who had an "aha" moment and decided to change from a classical violinist to a composer of modern music. We also heard from a CEO of a big corporation who changed his focus. Then we heard from the transformational director of the Girl Scouts. With cries of "Are you ready?" and our response of "Born ready!" she inspired us to work to empower young girls. Our final speaker was Judith Viorst who spoke on life's challenges from eight to eighty. The author of ALEXANDERS' HOR-RIBLE, VERY BAD, NO GOOD DAY gave us many laughs



and chuckles. Through the entire convention we were encouraged to improve our lives, to be proactive, to make change.



We had over 2000 registered for the convention and over 1750 participated in the General Sessions. Tennessee Night was a great success. We had available 2000 gift bags for distribution. Some people are very serious about their Little Debbies! For the convention our chapter made 200 goody

bags to give to DKG members arriving by plane. We also

made ten VIP gift bags. Susie decorated a dinner and a luncheon for the administrative board, a luncheon for the executive board and an appreciation luncheon for the international board and committees. Alpha Phi members also worked stuffing convention and goody bags, set up and helped to maintain the property room, served as a page to the international president, page at the US Forum, page at



TN Night, table hostess for lunch and/or dinner. Jensi was chair and organized all the volunteers. With all the work, we still managed to kick up our heels at the Wild Horse Saloon. Talk about "friends in low places!"



In between the fun times, DKG members did conduct business. We discussed a proposed amendment to the Standing Rules which would allow members to vote by email for international officers or to allow only members attending international conventions to vote. Currently state presidents vote their chapters' wishes. This amendment was postponed pending further research. In the US Forum the assembly voted to pass a resolution to encourage legislation at the state and national levels against bullying and cyber bullying.

August Meeting

A good time was had by all at Jensi's house in August. Let the pics do the talking!



Happy Birthday to our Members

September

13th: Amy Swoope



October

2nd: Jessica Fulgham 4th: Laurie Richardson 10th: Joanne Smith 12th: Rachel Price 14th: Amy Thompson 17th: Faye Hitchcock 20th: Adele Baker

High Honors to an Alpha Phi Member A Scholarship is Endowed

Lena Engstrom has been honored by her former students. They have endowed a scholar-ship in her name for a high school senior who plans to be a teacher. The scholarship covers full tuition and fees to attend Western Carolina University, a branch of the University of North Carolina. Lena was a professor of English for a number of years at Western Carolina. She was very respected and much loved by her students who often invite her back to speak at their college reunions. These former students got together and donated enough money to fully fund and endow the Lena May-



berry Engstrom Scholarship. This is an honor well-deserved. Congratulations to Lena!

Other Member News

- ▼ Marcia Christian is planning a trip to coastal Maine in September with former member Renae Roberts.

 Renae is a DKG member in Columbia, Tennessee.
- Pat Veldman attended the graduation of her granddaughter from Shawnee State University in Ohio.
- ▼ Lin Marten has been in New England and the Maritime Provinces of Canada since
 July 14th. She expects to be home in late September. A quick view of the world
 she has been living in this summer.



- Amy Swope Quillen's baby, Josephine (8 months old) attended her first Alpha Phi meeting in August! See pic in the collage on p.5.
- ▼ In the meantime, Danita Clark's baby, Matthew, has an upcoming birthday on February 28—he'll be two.

Recipe of the Month

The following recipe was a hit at our recent chapter meeting.

Stella's Grits Casserole

½ recipe given, serves @6. Oven 350 degrees

- I. Cook $\frac{1}{2}$ c. grits in 2 c. water with salt.
- 2. When grits are done, add $\frac{1}{2}$ stick butter and 4 oz. of cream cheese.
- 3. Stir into grits until melted.
- 4. Add one eaten egg and $\frac{1}{2}$ c. milk.
- 5. Bake, uncovered, 30-40 minutes until set and golden on top (Full recipe takes closer to an hour.)