



Alpha Gamma Matters

President's Message

Alpha Gamma Leaders
2018-2020
President
Andrea Flynn

1st Vice President
Julie Carter

2nd Vice President
Amanda Groesbeck

Treasurer
Teresa Gregory

Recording Secretary
Nicole Blankenship

Corresponding Secretary
Audrey Howser

Parliamentarian Advisor
Linda McCrary

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Now that we are all settled back in our school routines, it's time to get our Alpha Gamma meetings for the year rolling! While our chapter meetings are important, Alpha Gamma is so much more to me than the meetings. I enjoy the professional friendships I have made through our society. I made a great friend through Delta Kappa Gamma last year. I walked into a 4-H meeting with Aidan and saw a familiar face. We chatted and figured out that we were both signed up to attend 4-H Congress with our boys. The boys even ended up being roommates. Now they are friends, too. My thoughts are never far from the Daddy/Daughter Dance! It always makes my heart happy to see the little girls that are so excited! But, my favorite part is how we come together as a chapter and enjoy being with each other while decorating and putting on the huge event! I am thankful for our members continued interest in supporting our teachers and schools. Last year we gave a lot of money away in scholarships, promotions of our chapter and support to programs such as Project Graduation and the Read to Be Ready Summer Camp. We are making an impact on education in our county! I hope you all continue to find something about Delta Kappa Gamma and our own Alpha Gamma Chapter that you love!

As I think about the things I wanted to accomplish when I took the role of President of Alpha Gamma, I am happy with all we have been able to do so far. Attendance at our monthly meetings is the weak area that we need to work on. I don't ever want to lose members because they can't make it to meetings but hope that everyone will enjoy the meetings enough to want to make them a priority. If you have suggestions or ideas for meeting programs or things we can do to make the meetings fit into schedules better, please reach out to me!

See you all at our first meeting of the 2019-2020 school year, Tuesday, September 17th at 3:45pm at the fellowship hall of Lafayette Missionary Baptist Church.

Andrea Flynn

TIPS FOR STARTING THE SCHOOL YEAR

Healthy meals: Once the school year starts, life can get busy and hectic. Nutrition is important to fuel you each and every day. Take care of yourself by planning ahead for easy but healthy meals. For example, have some healthy crockpot meals frozen that you can thaw overnight, put in the crockpot in the morning, and come home to at the end of the day.

Exercise: Think of ways to add exercise to your daily routine - it will help you have more energy for the new school year ahead. Here are some great tips to get you started.

Silence: When and where will you recharge? How will you do it - through reading, writing, meditation, or spiritual exercises? Put recharging time in your calendar and honor it, just like any other important activity in your life.

Family and Social Life: At times these may be mutually exclusive, but hopefully not often! Again, plan ahead and seek quality time with those you care about most.





Delta Kappa Gamma

Mission

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Vision

Leading women educators impacting education worldwide.

*-News of Interest-
Contact:*

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*Mark Your Calendar for
Upcoming Events*

*September 7: State
Leadership*

*September 17: Meeting
and New Teacher
Reception*

Year Preview

*September 7: Leadership
Conference*

*March 15-18: National
Legislative Seminar*

*June 4-6: Tennessee Stae
Organization Convention*

*July 7-11: International
Convention*



Chapter Activities

- New Teacher Reception
- New Bank Draft option for dues
- Daddy Daughter Dance possible theme: Carnival

Member News

Remember the following members: Dale Reid at the loss of her husband, Ronnie, Teresa Gregory as she continues to recover from surgery, Andrea Flynn as she recovers from stepping a hole, and Mel Pardue.

Congratulations and Celebrations to Leslie Goad for her new job as RBS reading coach, Wynona Clayborne for DKG Tennessee State Organization Area Representative, and Dale Reid on the birth of her grandchild.

Next Month's Meeting

*September 17, 2019 3:45 pm
Lafayette Missionary Baptist Church*

Presiding.....Andrea Flynn, President

Inspiration.....Regina Horton

Program.....New Teacher Reception

MusicWynona Clayborne

Public Relations: Beverly Reid

Hostess Group: Lafayette # 3

