

Volume 2023 Issue 1 February 8, 2023

Happy New Year! I hope your holiday season was enjoyable and went well despite the crazy weather and power outages.

The New Hampshire Executive Board has been working hard to provide you with an educational, active, and enjoyable New Hampshire Spring Conference from March 23 - 25, 2023, in West Lebanon, NH. Friday will Include two outstanding

speakers in the morning and four field trip options in the afternoon. After our remembrance ceremony on Saturday morning, our business meeting will include voting on proposed by-law changes, up-dates from NH State committees and chapters, the presentation of the 2023 Founders' Award, and our third speaker. See the enclosed article for more details. The state conference is also an excellent opportunity for you to invite guests who might be interested in joining DKG NH.



This coming summer, DKG International is offering three regional conferences. The conference in Detroit will focus on Mental Health and Well Being. In Phoenix, there will be a celebration of Indian Culture and Heritage. The theme at the Finland conference is yet to be determined. I encourage you to attend one of these conferences. The social and professional connections you will make will last a lifetime. You will be able to find additional information about these conferences on the DKG.com website starting in February. I would also like to remind you, as a New Hampshire DKG member, you are welcome to apply for a New Hampshire State scholarship to help fund your trip.

During the past few months, I have had several opportunities to connect with members of DKG Vermont. In October, Anne Cragin (Beta Chapter) and I attended the Vermont Jan Danzinger Arts Day in Rutland, VT. The Vermont members were very gracious and encouraged us to join them another year at this annual event. We have also received a state-wide invitation to participate in their Vermont State Conference which will be held in Brattleboro, VT, on Saturday, April 29th, 2023. I will forward the registration form to our NH State chapter presidents when it becomes available.

The New Hampshire State Board held a virtual meeting on Monday, January 16, 2023. We had a very informative and productive meeting. Besides putting the finishing touches on our spring conference, we heard from the chairs of our NH State committees. You can read more about them in this issue of CHIPS. We were particularly pleased to hear from your chapter presidents about your efforts to support children, teachers, and community organizations throughout the state. I know these past two years have been difficult and frustrating; however, it is impressive how you have stepped up to the plate, adjusted to the changes, and continued to support each other and your chapters' programs.

I look forward to seeing many of you at our March New Hampshire Spring conference. The energy and enthusiasm generated at our conferences is always infectious and heart warming.

Terry Thompson, DKG New Hampshire State President



Flora and Ann at the Fall Meeting in Keene.





Our DKG sisters from the state of Vermont are challenging us to participate in a membership challenge.

Rules are as follows:

- 1. Keep records from July 1 to February 28, 2024.
- 2. Compute percentage improvement (or not)

AT STAKE: <u>A representative from the winning state will attend the spring convention of the</u> <u>other state and present a red rose, a certificate and confer bragging rights.</u>

DKG Green and White Competition is on!

World Fellowship Committee News from Ros Seidel, Beta Chapter

The Beta Chapter continues to support a small school funded by Epilogos Charities Inc. in El Salvador.

I have also identified a few organizations we might consider supporting in the future:

- The Education Scholarship Fund for **Circus Zambia**, to keep underprivileged children and young adults in school and to provide hope for their future, <circuszambia.org>
- **The Zienzele Foundation** which supports the education of AIDS orphans and their caregivers in rural Zimbabwe, <zienzelefoundation.org>
- **WarChild**.org works to provide education and a future for children whose lives have been torn apart by war
- **Hearts You Hold**,<heartsyouhold.org> which provides support to immigrants, migrants or refugees in this region.
- The Common Man Ukraine Relief Fund <<u>https://</u> www.thecman.com/cman4ukraine/> supports critical humanitarian relief efforts. One example was the Convoy of Kindness which donated food, supplies and gifts to children in orphanages in Ukraine during the holidays.

In addition to the above, I have made contact with the former Minister of Education in Afghanistan, **Rangina Hamidi**, an inspiring woman who now lives in AZ, to see if there is a way to support her work advancing the education of young **Afghan girls living in Afghanistan**. Providing support to Rangina and the school she founded which was forced to close might be a long shot, given the current attitude of the ruling Taliban. Still, it feels important to keep abreast of developments there, should we be in a position to help in the future.

As we know, donations of any size are deeply appreciated. I encourage other state chapters to consider allocating funds to these or other organizations which are doing amazing and difficult work with our world's underprivileged populations.

Happy New Year! Ros Seidel, Beta

New Hampshire State Scholarship By-laws to be voted on at the Spring Conference

The members of the Scholarship Committee (Pam Clark, Flora Sapsin, Maurine Henry, and Terry Thompson) have met several times during the past year to discuss ways to clarify, expand, and promote the New Hampshire State Scholarships. The following is a summary of our suggestions.

--Change the wording in the NH State By-laws to clarify and expand the options for scholarships offered. (See the "Document Review Article XI: Awards")

--Change the requirement expressed in line #4 from: "Each recipient shall present a workshop at the New Hampshire State conference." to a statement requiring a less formal presentation.

--Add: "A recipient shall wait three years to apply again for this scholarship."

-- Up-date the Keene Founders' Endowment Scholarship form.

--Prepare a separate form for the New Hampshire State Scholarship.

At our NH State Executive Board meeting on January 16, 2023, the Board voted to accept these changes. The membership will have the opportunity to discuss and vote on these changes at the New Hampshire State Membership Meeting on Saturday, March 25 as part of our New Hampshire State spring conference.

(Proposed changes as of March 2023)

Section 1: New Hampshire State Scholarship

Scholarship awards (One Thousand Dollars \$1,000.00 in total) shall be available annually. Applicants must be active contributing members of the society for at least three years. The maximum award shall be Five Hundred Dollars (\$500.00).

- 1. An annual fee paid by each chapter for each active and reserve member shall support the fund.
- 2. Additional funds in the amount of One Thousand Dollars (\$1,000.00) may be moved from the declared earnings of the Keene Founders' Scholarship Endowment to this scholarship fund, as needed.
- 3. The intended use of scholarship money may include educational course work, conferences, **New Hampshire State spring convention**, elder hostels, or other educational endeavors acceptable to the scholarship committee and executive board.
- 4. Each recipient shall make a presentation at a chapter and/or NH State meeting describing her experience.
- 5. A recipient shall wait three years to apply again for this scholarship.
- 6. The chairman of the state scholarship committee much receive completed applications by March 1.

Delta Kappa Gamma International and NH State Calendar

January 16, 2023: DKG NH Executive Board Zoom meeting; 10:00am

March 1, 2023:

Nominations for the NH State Founders' Award due Applications for DKG NH State scholarships due

March 23 – 25, 2023: DKG NH State Conference; Fireside Inn, West Lebanon, NH

April 22, 2023: Tri-chapter meeting; Gorham, NH; program: TBA

April 29, 2023: DKG VT State Conference, Brattleboro, VT

June 23-25, 2023: State Organization Leaders Training; Dallas-Fort Worth, Texas

June 30, 2023:

Up-dated fillers for the DKG NH State Directory due All NH State members submit dues to chapter treasurers

July 1, 2023: Biennium for new NH State officers begin

July 11-16, 2023: DKG International Regional Meeting; Detroit, Michigan

July 18-22, 2023: DKG International Regional Meeting; Phoenix, Arisona

July 26-29, 2023: DKG International Regional Meeting: Tempere, Finland

August 1, 2023: Articles for Fall edition of CHIPS due

August 2023: DKG NH State Executive Board meeting; date and location TB

Come join us at the 2023 DKG New Hampshire State Conference

Thursday – Saturday, March 23-25, 2023 Fireside Inn and Suites 25 Airport Road West Lebanon, NH 03784

The 2023 New Hampshire State Conference highlights three accomplished and outstanding speakers, several on-site learning activities, vendor tables, excellent food, and social opportunities. Our NH State Executive Board meeting will be held Thursday evening as usual. Friday morning **Robert Terry**, director of the Merck Forest Educational Center in Rupert, VT, will speak about the unique opportunities and value of outdoor education. **Jacqueline Richter-Menge**, Arctic scientist from the U.S. Army Corps of Engineers Cold Regions Research and Engineering Laboratory (CRREL), will share her experiences in Arctic studies and the impact of Global Warming.

In an effort to experience on-site learning, three field trip opportunities will be offered for Friday afternoon. In Hanover, a visit to the Baker-Berry Library offers a viewing of "The Epic of American Civilization" painted by Mexican Artist, José Clemente Orozco and/or a stop at the Dr. Seuss Room. A short walk across the Dartmouth Green, is the Hood Museum of Art which exhibits 65,000 objects representing the artistic traditions across six continents. In Norwich, VT, just across the Connecticut River, there are two locations to visit: the Montshire Museum of Science which offers 150 interactive exhibits or a visit to the King Arthur Flour bakery, café, and retail store. We are hoping to have an in-person guide at each of these venues.

On Saturday morning, following our Remembrance Ceremony and DKG NH business meeting, **Robert G. Goodby**, professor of Anthropology at Franklin Pierce College, will discuss his research, archeological dig sites, and his recent book: <u>A</u> <u>Deep Presence: 13,000 Years of Native American History</u>. We look forward to a rich and exciting conference.

Spring Conference Speakers

Robert Terry

An educator by training, Rob holds an MEd from New England College and has spent

much of his career teaching in the field as well as the classroom. Rob has taught with a number of experiential outdoor programs, including St. Albans Schools' Voyageur program, Dartmouth College's Outing Club, and the American Canoe Association. Prior to coming to Merck Forest, Rob was the Vice President of National Program at the Student Conservation Association. In this role, he supported parks and refuges around the US, learning valuable



lessons about managing our nation's treasured natural resources along the way. Rob came to his work at the SCA from a position leading public-school reform initiatives in major urban districts. That work affirmed Rob's desire to help organizations, and the conservation movement in general, realign principles and practices to be more inclusive of, and ultimately relevant to, developing

facilitate the kind of deep connections with the natural landscape that lay the groundwork for

stewardship and inspire action while encouraging personal growth and reflection.

There is no better teacher than experience, particularly when effectively facilitated and coupled with the opportunity for personal reflection. In this presentation, Rob will explore teaching and learning in the outdoors, from backyards to the backcountry, covering topics including lesson planning, group dynamics and risk management drawing on nearly 30-years of trial and error in programs designed for participants across the developmental continuum from early childhood through adulthood. Through guided discussion and personal reflection, participants will have the opportunity to think through how they might introduce outdoor learning and/or apply the principles of experiential education to their instructional practice.

Dr. Jackie Richter-Menge began her Arctic research career in 1981, when she joined the U.S. Army Corps of Engineers Cold Regions Research and Engineering Laboratory (CRREL) in Hanover, NH. Jackie worked at CRREL for 34 years, gaining first-hand Arctic experience by leading or participating in more than 20 field programs. She continues to work as a research affiliate with University of Alaska



Fairbanks. Jackie's research seeks to understand the impact of the warming climate on the Arctic environment with an emphasis on the sea ice cover. Her work enables the improvement of short-term forecasts to support day-to-day activities and operations, and long-term projections to plan for future climate-related changes. Jackie particularly enjoys educational outreach. She has devoted part of her career to teaching students and the general public about the polar environment and the especially pronounced effects of global warming on the Arctic region.

Jackie was awarded an Honorary Doctor of Science from the University of Alaska Fairbanks in 2016 in recognition of her research accomplishments. She received the Army Achievement Medal for Civilian Service in 1994, 2012, and 2017 and the Bronze Order of the de Fleury Medal in 2017. From 2005 to 2020, Jackie served as lead editor for the web-based Arctic Report Card, issued annually with support from the NOAA Climate Program Office. She served as co-chair for the National Science Foundation Arctic Research Support and Logistics report "Increasing Arctic Accessibility Over the Next Twenty Years" and the National Academy of Sciences report "Seasonal-to-Decadal Predictions of Arctic Sea Ice: Challenges and Strategies." She also chairs the Science Steering Committee for the U.S. Navy Submarine Arctic Science Program, supporting a unique partnership between the military and civilian research community in the collection of environmental data.

Robert Goodby is a professor of Anthropology at Franklin Pierce University in Rindge. He holds a Ph.D. in anthropology from Brown University and has spent the last thirty years studying Native American archaeological sites in New England. He is a past president of the New Hampshire Archeological

Society, a former Trustee of the Mount Kearsarge Indian Museum in Warner and served on the New Hampshire Commission on Native American Affairs. In 2010, he directed the excavations of four 12,000-year-old Paleoindian dwellings at the Tenant Swamp site in Keene, and his book A Deep Presence: 13,000 Years of Native American History was published in 2021 by Peter E. Randall Publisher.



The Upper Valley offers a wide range of learning oppor-tunities, teacher resources, and educational sites to visit.

You may want to visit sites across the Connecticut River in Vermont. The town of Woodstock is known for its shops, art galleries, the Billings Farm Museum, and the Marsh- Billings-Rockfeller National Park. The revital-ized town of White River Junction is the site of quaint shops and aeteries, the Northern Stage Theater, and the Vermont Railroad Campus. The town of Quechee offers the Vermont Railroad Simon Pearce glassblowing, store, and restaurant.

On the New Hamphire side is Hanover, the home of Dartmouth College, which offers high-end shops, eater-ies, and historic buildings. Surrounding the Town Green in Lebanon are several eateries, the Lebanon Opera House, the recently renovated Lebanon Library, and the Carter House. For model train enthusiasts, you may want to visit the Prudent Living model train exhibit on the second floor of LaValley's Building Supplies, just a short walk from The Fireside.

The Upper Valley offers many restaurants for you to choose from for Thursday and Friday nights. A list of eateries, locations, and costs will be available at the co ference.

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1 Night Package \$200 (single) \$140 (double)

Includes: Friday night guestroom accommodation, breakfast Friday & Saturday mornings, Friday and Saturday lunches, all taxes, gratuities and conference registration fee. 2 Night Package

2 Night Package \$305 (single) \$190 (double) Includes Thursday & Friday night guestroom ac-commodation, hospitality area, breakfasts Friday & Saturday moring, Friday and Saturday bunches, all taxes, gratuities and conference registration fee. Day Package—Friday <u>or</u> Saturday \$65.00 Includes; breakfast, lunch, all taxes, gratuities and conference registration fee.

Hands On Learning

Thursday, March 23, 2023

Dinner on your own 7:00 PM DKG NH Executive Board meeting

Friday, March 24, 2023

7:30-8:45-Breakfast/vendor setup

8:00-9:30 Registration

9:30-10:30 - Outdoor Education, Robert Terry Robert Terry is Director of Merck Forest and Farmland Center (MERCK) in Rupert, Vermont. MERCK is a 60-acre self-sustaining farm and

managed forest community that offers programs for children, adults, and the general community. Rob, an educator by training, will describe the resources, programs, and opportunities available at the Forest and Farmland Center. There is no better way to understand, appreciate, and reflect on what nature has to offer us than through outdoor education

10:45-11:45 - The Impact of Global Warming on the Arctic Environment,

Jacqueline Richter-Menge Dr. Jackie Richter-Menge began her Arctic re-search career in 1981, when she joined the U.S. Army Corps of Engineers Cold Regions Research Army corps of Engineers Cord Regions Research and Engineering Laboratory (CRREL) in Hanover, NH. Over her 34 years with CRREL, Jackie gained first-hand Arctic experience by leading and participating in more than 20 field programs. She continues to work as a research affiliate with the University of Alaska, Fairbanks, Jackie's research seeks to understand the impact of a warming cli-mate on the Arctic environment. Part of her career has been devoted to teaching children and the general public about the Polar environment.

PROFESSIONAL DEVELOPMENT CERTIFICATES WILL BE AVAILABLE TO PARTICIPANTS.



FIRESIDE INN & SUITES 25 AIRPORT ROAD , WEST LEBANON, NH 03784

Directions:

From 191 (VT) north or south, exit onto 1 895, take exit 20, Take a right off of the ramp onto 12A. Take a left at Airport Rd. Go through park-ing lot of LaValley Building Supply to reach the hotel.

From I 93 (NH) exit onto I 89N, take exit 20, Take left off of the ramp onto 12A. Take a left at Airport Rd. Go through parking lot of LaValley Building Supply to reach the hotel.



In addition to the usual chain restaurants you may enjoy any of the following eateries.

Hanover: (7 miles) West Lebanon (1 mile) Lui Lui's Weathervane 110 Grill Salt Hill Pub Ziggy's Pizza Lebanon: (6 miles) Three Tomatoes Trattoria Salt Hill Pub

Jesse's Steakhouse Hanover Inn Ouechee, VT: (8 miles) Quechee, VI: (8 miles) Simon Pearce Restaurant Quechee Inn at Marshland Farms

<u>11:45 – 12:00:</u> Movement Break by Dianne Mros and Ruth Ashley

12:00 - 1:00: Lunch, vendors

2:00 – 4:00: Field Trips Option #1: Baker-Berry Library and/or Hood Museum of Art (self guided tours) --Baker-Berry Library: a viewing of "The Epic of Ameri-can Civilization" painted by Mexican Artist, José Clemente Orozco and/or a stop at the Dr. Seuss Room. - Hood Museum of Art (a short walk across the Green): exhibits 65,000 objects representing the artistic traditions serves six continents cross six continents

Option #2: Montshire Museum of Science Entrance fee: \$18

--Short introduction by the education director--150 interactive exhibits Option #3: King Arthur Flour Bakery, Café,

and Store

--Short Introduction to the company by the activity director --Bakery, Café, and Retail Store

Saturday, March 25 8:00 - 9:00: Breakfast, registration, vendors

9:00 - 10:30: Celebration of Life, Business Meeting, Awards & Recognition

10:30 - 11:00: check out, vendors & movement break by Dianne Mros and Ruth Ashley

11:00 - 12:00: Dr. Robert G. Goodby: "10,000

It.top 12.00. Di Robert G. Goody, 10,000 years of Native American History" Dr. Robert Goodby is a professor of Anthropology at Franklin Pierce University in Rindge, NH. Robert has over 30 years of experience excavating Native American arche-ological sites in New England. In 2009, an archeological survey for the new Keene Middle School discovered evidence of Paleoindians, the remains of their stay, four sepaone of the oldest known Native American sites. Dr. one of the oldest known Native American sites. Dr. Goodby directed the excavation of this site which had to be completed before the school could be finished and opened to the students. Dr. Goodby's book, <u>A Deep Presence</u>; 13,000 Years of Native American History, describes the Tenant Swamp dig and is an excellent archeology resource for educators.

12:30 - 1:30: Lunch

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	Package requested :
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ļ	2 nightsingledouble
ļ	1 day : Friday, Saturday
ĺ	Amount enclosed
ļ	Dietary concerns
ļ	Sharing a room with
ļ	Please check one field trip option:
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į	Registrations due by February 24, 2023
	Please send a check made payable to NH State DKG with this registration form to: Mrs. Flora Sapsin 15 Osprey Lane Newmarket, NH 03857
	If you have questions or concerns, please contact F Sapsin @ 603-292-5980 or 603-566-4196- E-mail: fsapsin@gmail.com



Hands on Learning

INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS DELTA KAPPA GAMMA NEW HAMPSHIRE

March 23-March 25, 2023 Fireside Inn & Suites Lebanon, NH

Vendor Application **NH State Spring Conference**

Send to: Postmarked by: March 10, 2023	
Judy Erickson	
261 Whitefield Road Dalton,	
NH 03598	

Please provide the following:				
Vendor's name:	Chapter			

Address:

Phone:_____ Email Address:_____

Items to be sold:

Check # ______ enclosed (for \$20 table fee), payable to "New Hampshire State"

Signature:	Date:		

Vendor Information: -

- A vendor must be a DKG member from NH State and must be registered for the 2022 NH State Spring Conference. -
- An individual NH State chapter may secure one table for multiple artists.
- All items sold must be hand-made or written by original authors.
- · Applications must be sent via US mail (not email). A check for \$20, payable to "New Hampshire State", must accompany the application.
- There will be no refunds for cancellations made 2 weeks or less prior to the conference.
- A confirmation will be sent via email.
- Vendors will be chosen on a first come, first serve basis.
- Vendors will be provided with one 8' table and 2 chairs.
- No wall space or electricity will be available.
- Vendors will provide their own table coverings.
- Vendors may set up Thursday evening or during registration on Friday morning.
- · Vendor tables will be open during morning registration, breaks, lunch, and evening (time to be determined) on Friday and on Saturday morning.
- · Vendors are responsible for their own security.



DKG is accepting ads for the 2023 summer conferences. State organizations, chapters, members, vendors, and more are invited to place an ad in the conference program book of your choice. Submission details are included on the <u>DKG Ad Form</u>.

- Detroit, Michigan July 11-16, 2023
- Phoenix, Arizona July 18-22, 2023
- Tampere, Finland July 26-29, 2023

Ad Deadline: April 15, 2023

Chapter News ALPHA

Laurine Parker reports that her son Jeff married Elizabeth Gray on Sept. 3, 2022. The wedding was #2 for them, as it was held post COVID.

Julia Dutton traveled to France in June for the first time since 2019. She spent ten days in Paris and enjoyed walking tours of Montmartre and the Marais where she had a wonderful local guide. She spent time with friends in Paris, Malmaison, and Normandy.



From **Angela Seaver:** Summer 2022 has been wonderful. We finally were able to travel to Italy after 2 year postponement because of Covid. 3 Generations, my daughter, 16 yr old Granddaughter, and I went on a 10 day tour spending time in Rome at the

Vatican/ Museum, Sistine Chapel,St Peter's Basilica, Roman Forum, downtown



Ancient Rome, Colosseum Pompeii/ Bay of Naples, Sorrento, Capri/ Anacapri, Venice: Basilica/ St Mark's Square, Beautiful Florence, San Gimignano/Tuscany and

winery (tasting and food pairing) Tour ends but we extended our vacation 3 1/2 days for visiting/ special touring and fine dining with relatives from Rome! Back to Rome by bullet train we went! Many relatives we knew, but now are mostly the next generation

An older 3rd cousin recently sold his company- he was an engineer architect so he had the time to take us places where the average tour didn't go. He has been commissioned by city of Rome to act as an advisor for the restoration of aqueducts

in wall surrounding Rome, but he found time to take us to see an ——upscale mall built within confines of the walls of Rome : modern and ancient!

—- my mother's birthplace, Bracciano, and to see the Castle there where my great great Grandfather was head caretaker and more recently, a site of one of Tom Cruise's weddings!

— beautiful Tívoli Gardens

— Villa d'Este

BETA

Lisa Torres traveled to Engadine, MI to attend her nephew's wedding, with a stop in Ann Arbor to visit her alma mater for the first time in 50 years!! She also did some sight-seeing in the UP and the Traverse City area.

Mary Pat Acorn's daughter, Meg, is 5 months into her new position at James Mastricola Upper Elementary School in Merrimack, NH as assistant principal. Meg says her job has its ups and downs, can be exhausting some days, but she is enjoying her work as an administrator. (This coming from the girl who vehemently denied she would ever become a teacher). This statement makes Mary Pat have a good belly laugh!

Jane Sweatt has enjoyed sharing the produce from her garden with her food pantry, friends at the library, and anyone else. She discovered that Alpaca poop works wonders as a fertilizer on her garden. It is cheaper than other products and easy to add to your garden. A New London Master gardener says it's like gold! Jane also was able to see some plays at the New London Barn Theater for the first time since COVID.

Anne Cragin and Terry Thompson attended the DKG Vermont State Jan Danzinger Arts Day in Rutland, VT on October 22. The day consisted of 3 sessions offering three different workshops each session. Anne and Terry along with 25 Vermont DKG members spent the day making ornaments, cards, and fairy jars. It was a fun day and an opportunity to get to know our Vermont neighbors.

The Vermont DKG Fine Arts Day is an annual event. In 2004. Jan Danzinger, who was a well-known and accomplished art teacher in Plainfield, Vermont, invited her DKG sisters to her classroom at Twinfield Union High School to participate in a wide variety of arts workshops. In her memory, DKG Vermont State continues their annual Arts Day. In 2022, Carol Barbagallo, the DKG VT State president, invited NH members to join them. Terry and Anne were pleased to be a part of their tradition.

On January 4, 2023, **Terry Thompson** hosted a lunch for several DKG Vermont State Executive board members. **Carol Barbagallo**, DKG VT State president for 2021–2023 along with **Nancy James and Mary Anne Riggie**, DKG VT State co-presidents for 2023-2025 attended. The group had an opportunity to discuss similarities and differences in our programs, as well as ways our two states might interact and share ideas in the future. Terry will present these ideas to the DKG NH State Board at our meeting on January 16, 2023.

GAMMA

Gamma's first meeting of this year occurred at the beginning of October. We gathered at the Portsmouth Senior Center meeting room for a "bring you own lunch" with time for catching up conversation. We celebrated the thank you letter received from our scholarship awardee who is attending Keene State College this year with plans to be an elementary teacher. We shared books that had recently been read and then did a book swap. As usual, there was more chatter and laughing than anything else.

At the beginning of December, we assembled at **Lynn Young**'s home for a potluck luncheon and more conversations. It was decided that we would donate funds to Gather Food Pantry and Rockingham Community Action, Gift of Warmth. There are so many needs that we felt it was important to help both causes. Needless to say, the conversations filled the afternoon with holiday joy.



DELTA



We welcome new member Debbie Dionne of Colebrook. That gives us a total of 30 members.

Donations of over 400 Christmas Cards were sent to the local nursing homes. Twenty-



four winter hats were donated to the students in The Lancaster School. Food pantry donations are delivered at each of our meetings.

The Books, Bags and Stuffies (Forget-Me-Not) Literacy program, for Headstart, PreK and K-2 students, continues with members sewing bookbags, purchasing books and book buddies, and plans to visit Berlin, Gorham schools in early Spring. A new grant from DKG International Literacy Foundation will be applied for by the Literacy Committee this March to continue funding this project.

Planning for the Tri-state meeting that will be held in Gorham in April — details TBA.

Submitted by President : Kathy Urso

In spite of the restrictions of this New Time, **Susan Ackerman** continues to give astrological phone readings. Her readings cover: What You want to know in order to move forward in your life with hope and joy and Why you are here on Earth. They work with your questions.

She also writes a short piece to inspire and encourage people every day and includes one of her photos. She sends it by email and also posts it to Friends on FaceBook. If you would like to receive her daily messages, write to her at sackeman@lifeinsightastrology.com and send her your email address.

Judy Erickson had a long awaited visit from her son Zak for the last two weeks of October. He has moved to Oregon and now lives only an hour away from his brother Jake. Judy and husband Bob hope to make a trip out that way this summer for family time.

Karen Locke: All the grands were here for Christmas, still enjoying working at Sew Far North Quilting (by the way we are part of the New England Shop Hop this year!)

And 4 generations... precious photo op!

EPISILON

Katie Murphy: I am still teaching 7th grade Science and Geography at Chester Academy. When not in school I am Mom to three very active kids, ages 15 (almost 16), 14 and 12. I've recently learned that teaching someone to drive is a full cardiac workout! (If anyone has tips on how to stay calm and not constantly cling to the side door handle, I'm all ears!) My girls are both Girl Scouts and I am the leader of their troop. My son is in Boy Scouts and my husband is the leader of his troop. My girls are both playing JV basketball and my son loved his first full season of tackle football this past fall. I am also the Team Manager for my daughters' Destination Imagination team. This is my 5th consecutive year as a DI team manager. In addition, my daughters both play instruments in the high school band (trombone and bass clarinet) and have been working and saving for the upcoming band trip to Hawaii which will take place over April vacation. As a family we are looking forward to two big

trips next summer. First, we will be heading up to Newfoundland to visit my husband's family. This trip is long overdue as we were supposed to go up last year and had to postpone it due to my husband's health issues. We are hoping that he will have a clean bill of health in time for us to travel this summer. In August, we are planning to attend my family reunion in Ireland. I am so excited for the opportunity to return to Ireland, see my cousins, and show my kids and husband that beautiful country!

Flora Sapsin: I was honored to represent New England an at national planning meeting for student activities.

We met for several days in Charlotte and have moved forward with some very exciting plans for students and advisors. The student conference will take place this June near St. Louis;

the advisor conference will take place in December in San Francisco.

Like every other organization, we are excited to regroup and offer quality programs after the COVID years!

Barbara Mee: Cars, trains, buses and planes! That pretty much summarizes what Barbara Mee has been busy with. I said that my retirement goal was



travel, of some sort, once a month. With our timeshares, Wyndham points and condo in Stowe, VT, we have been able to fulfill those goals and continue! This is my 5th year "out" and we also celebrated both of us turning 70 in 2022. International travel was back, and from a Holland America cruise that transited the entire Panama Canal to an Ireland, Northern Ireland and Scotland trip that was originally planned for 2020 with our son Robert (road trip, with highlights of a kilt for him and a visit to the ancestral MacLeod castle with we had a great 2+ weeks. The Titanic Museum in Belfast was fabulous.

Aruba, a Viking Western Mediterranean cruise that we had friends on, a quick NYC trip, a mystery trip for me on American Cruise line called American Revolution, trips to Stowe, and lastly, Alexandria, VA and seeing Robert.

In the midst of all of this, I am trying to keep our struggling chapter together, because I love every woman in EPSILON and the state, and DKG.

ETA

After fall RV camping fun winded down, **Ruth Ashley and Dianne Mros** made a November visit to Pickety Place in Mason, NH. They enjoyed a delicious meal and visiting the newly designed tree house with a built-in book nook! Also in November, they presented a workshop on Therapeutic Elements of Tai Chi at the Fall NHAHPERD Conference at Waterville Valley in November. Their audience consisted of Physical Education, Recreation, Health and Dance teachers from the New England area. Ruth also presented Mindful Movement classes this fall for the NH Occupational Therapy Association conference.

Ruth had a busy handbell season for the holidays at her church choir. She typically has a range of 6-8 bells to cover for each song and often plays using the technique "four in hand". She has been a bell ringer for over 20 years now! Ruth's family saw some important milestones this year: Ruth and her husband, John's 20th anniversary was spent in Newport and Narragansett Rhode Island and Ruth's mother in law and father in law both turned 90 years old.



Also, on December 17th their Scottish Terrier named Dundee turned 15 years old. Still plenty of Scotty spunk! Ruth leads the book group for Strafford Learning Center's

wellness committee. The latest selections were <u>Lessons in</u> <u>Chemistry</u> and <u>The Authenticity Project</u> – both great reads.

The Eta group saw "Christmas Snow" at the Pontine Theater in Portsmouth NH



Each season, Pontine's artistic directors ring in the holiday season by staging a selection of stories and poems by New England authors. This year's program features an original staging of Donald Hall's "Christmas Snow," written for the New Yorker

Magazine in 1964. In the story, Hall recounts a holiday trip to Eagle Pond Farm, his grandfather's home in Wilmot New Hampshire in 1938, when he was ten years old. This memoir blends reminiscences, anecdotes and vignettes that capture continuity of family and the quiet delights of rural life.

To get in the festive mood, Dianne went to Lights Aglow at Coastal Maine Botanical Gardens in Boothbay to view over 650,000 lights and on the way ate lunch at Di Millo's Floating Restaurant in Portsmouth. She also went to Christmas Time in Concert at Regal Music Theater in Waltham Mass. Production included living Nativity and full orchestra.

Our next Eta Chapter meeting is planned for March 18th where we will have a book share with Gamma Chapter at Granite Steak and Grill in Rochester, NH.

Breaking News

Eight members of Alpha gathered together at Maurine Henry's house one February afternoon to complete favors for the state meeting. The rose embroidered pouches were partially completed by Maurine and her magical sewing machine when we arrived. We were tasked with clipping, turning, hand

sewing, and pressing. The work session included light refreshments and lots of talking! A nice time was had by all.





Book Recommendations

<u>A Deep Presence, 13,000 Years of Native American History</u> by Robert G. Goodby: Nonfiction; history of the native American peoples of the Northeast region. Dr. Goodby will be one of our speakers at the spring NH State DKG conference. This book will be on sale at the conference.

<u>The Engineer's Wife</u> by Tracey Emerson Wood: Historical Fiction; based on the life of Emily Warren Roebling, the wife of the engineer who designed and built the Brooklyn Bridge.

<u>A Single Thread</u> by Tracy Chevalier: Fiction; 1930's; England; loosely based on the contributions of Louisa Pesel and the women who designed and created the cushions and kneelers that exist today in the Winchester Cathedral.

<u>Escape from Paris</u> by Stephen Harding: Biography; WWII; the French Resistance and their contributions in rescuing American and Allied pilots; the true story of American, Joe Cornwall and French citizen, Yvette Morin.

<u>The Lamplighters</u> by Emma Stonex: historical novel; 1900; portrayal of the mysterious disappearance of three lighthouse keepers from the Maiden Rock Lighthouse on the island of Eilean Mor in the Outer Hebrides.

<u>State of Wonder</u> by Ann Patchett: novel; the search for plant-based drugs in the wilds of the Amazon; a portrayal of the balance between scientific study, the scientists' personal lives, and funding by drug companies; very thought provoking; a real page turner!