



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA

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Katherine L. Parker, Editor

Region XI

Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

The Rose

*Newsletter of the Alpha Iota Chapter, Eta State,
The Delta Kappa Gamma Society International
November-December 2010*

From the President - Suzi Cabe

Many thanks to Julie, Jane, Lois, and Mary Ellen for a great November meeting held at Harrah's Hotel and Convention Center in Cherokee. The food was delicious and the servings huge! The surroundings were beautiful and the program very interesting and informative. What a special way to spend a Saturday in November!

Remember our upcoming December meeting. Our grant-in-aids are made possible by this special event. We lost seven members this year and we need everyone to attend in order for us to have the special room the Haywood hostesses have reserved for us. Bring a friend or perspective member to share in the festivities. Also remember to bring two or three small items for the silent auction and one or two items for our main auction. The more we have, the more opportunities to take home some new treasures.

In Memory of Mrs. Sally M. Jenkins

October 14, 2010

Tsali Care Center

Bryson City, North Carolina

From the US Forum Liaison-Susie West

US Forum Connection: Every person on Medicare should have received the booklet, “Medicare & You”. The information given below is garnered from that booklet. Even though you may not be on Medicare yourself, if you have parents or other relatives who qualify for Medicare, you should find this information useful. The references given are to page numbers in that booklet.

Anyone who does not sign up for Medicare when they become eligible and does not have other non-Medicare health insurance will be subject to a penalty if he/she signs up for Medicare at a later date. – p. 25.

Screenings covered:

Aortic Aneurysm – p. 30

Bone Density – p. 31

Breast Cancer (Mammogram) – p. 37

Cardiovascular – p. 31

Colorectal Cancer (colonoscopy or sigmoidoscopy) – p. 32

Diabetes – p. 33

EKG – p. 35

Glaucoma – p. 36

HIV – p. 36

Pap tests and cervical exams – p. 39

Physical Exam (annual) – p. 39

Prostate cancer – p. 41

Immunizations covered:

Flu Shot – p. 36

Hepatitis B Shots – p. 36

Pneumococcal Shot – p. 40

Personal Growth Committee

Chairman Jane Greaves shared at our November meeting regarding the numerous professional growth opportunities our members have attended. While the variety and numbers were impressive, there were few examples of personal growth activities. Don't forget to share with Jane any personal growth sessions, e.g. pottery, quilting, flower arranging that you have enjoyed.

December Meeting Information

Date: December 4, 2010

Time: 10:00 am

Location: Lambuth Inn, Lake Junaluska

Invocation: Elizabeth Moss

Program: Silent and Regular Grant-In-Aid Auction

Leaders: Dr. Beth Lofquist and Vivian Johnson

Hostesses: Lowaine Wilson, Lois Fitch, and Janice Henson

Looking for New Members!!

It is time to be on the lookout for new members. Nominees for membership are due by **February 15, 2011**. Please send your information regarding any new members to Dr. Jeanette Hedrick by the due date. We will be voting on these prospects at our **March** meeting.

Eligibility

Women employed in educational work that deal with the instructional or educative process and who have had three or more years of experience as professional educators may be invited to active membership in the Society. These may be teachers, administrators, supervisors, librarians, psychologists, and directors or counselors in public or private schools, in specialized institutions, in universities and colleges, in schools of nursing, in hospitals and in corporations.

Special Projects Committee

Co-chairmen of the Special Projects Committee are Amy Hobbs and Beth Lofquist. Most of you have selected your choice for assisting in our Jamaican Teacher Project at our September and November meetings. If you are donating money or supplies, please let these ladies know so they can plan accordingly.

“Going Green” Moment

Energy Tip

*During winter months, set your thermostat to 68-70 degrees
During the day and 60-65 degrees at night.*

Keeping in Touch Member News

Our sincere sympathy to:

Jamie Hooper in the loss of her mother.

Pauletta Clark in the loss of her father-in-law.

*A very special thank you to the family of Margaret Bruce
for the generous donation to our Grant-in-Aid Fund in
her memory.*