



Alpha Beta Bits

Delta Kappa Gamma International Society – Eta State, NC

VOLUME 14

ISSUE 2

NOVEMBER 2014

DATES TO REMEMBER

**April 24 - 26
2015**

Eta State
Convention
Chapel Hill, NC

**July 15 -18
2015**

Southeast Regional
Conference
Savannah, GA

**April 22 - 24
2016**

Eta State
Convention
Winston-Salem, NC



ALPHA BETA CHAPTER OFFICERS

**Lorine Davis
President**

**Karen Parker
1st Vice President**

**Karen Creech
2nd Vice President**

**Mary Helen Sills
Secretary**

**Becky Kuszmaul
Treasurer**

Message from President Lorine Davis

Season's Greetings,
Alpha Beta Sisters!

The first of November signaled a change in the weather and a focus on the busy-ness of the upcoming holiday season. Family and friends become the center of my activities – although that focus started last month with a visit from the Axen Family from Denmark. What began with opening our home to a fellow Rotarian (Neal has been a Rotarian for most of our married

life) for a few nights in 1996 has evolved into a friendship of over 18 years. I bought into Birger Axen's vision of a NC-Denmark exchange for his high school students for selfish reasons – I could see that initially, Johnstonians would benefit and that if it worked here, other North Carolinians would benefit. I introduced him to educational leaders, beginning with Superintendent Dr. Jim Causby and Dr. Ed

Croom, then principal at South Johnston High. I arranged meetings for him with Dr. Tom Houlihan who was president of NCPE at the time, Dr. Tom Williams who was the executive director of NCBCE, Millie Babcock of the NC Center for International Understanding, NC Superintendent Dr. June Atkinson and John Dornan of the Public School Forum.

Lorine Davis

lorinedavis@embarqmail.com



Show and Sell

It's that time of year when we get to share some of our favorite things to sell at our **Show and Sell**. You don't have to bring anything fancy. It can be homemade goods such as pickles, freshly baked brownies, pies. Jewelry and craft items are always good sellers as well.

The **Show and Sell** event is our biggest fundraiser of the year to support our endowment fund. We are fortunate to have Frank Holding match our funds

up to \$2500.

We want to meet our goal so it is going to be important that everyone participate in the silent auction. Remember, as the bids increase, the funds in our endowment fund grow to benefit the female college students we support through our funds.

Our ultimate goal is to



become self-supporting. Thanks in advance for supporting the **Show and Sell**.



Message From President (Cont.)

Birger was able to parlay those introductions into contacts that helped the educational and governmental leadership of North Carolina and the educational leaders of Denmark have meaningful dialog and visits, learning from each other. What began as a Rotary friendship led to a professional relationship and continued to grow more personal, now including children, grandchildren, job changes, learning about each others' government and culture, and a true bond.

I admit that I felt more than a little pride when Birger Axen told me last month that over 40 student groups from Denmark have now experienced exchanges with North Carolina families. A shared vision, shared values, and a bit of focused effort have resulted in shared leadership and genuine spiritual fellowship. The ripple effect continues to benefit students and families in two countries!

Delta Kappa Gamma offers us all similar opportunities. We begin our membership as professional educators in our Chapter, tapped by others who recognize our educational professionalism and leadership. With shared values, a shared vision, and focused effort, we become true sisters, caring for each other. We celebrate each other's joys and encourage each other with cards and phone calls. We mentor each other about jobs and technology and what works for us as educational professionals. Eta State and DKG International offer us opportunities to interact with other professional educators who will broaden our horizons. Our attendance at conferences creates bonds with our fellow Alpha Beta sisters and with others who share the DKG vision. There are scholarship opportunities available through DKG. Those opportunities are never an end – the ripple effect will continue with each new relationship, each new opportunity for leadership, each commitment of membership and sharing ourselves with others.

So, with the focus on family and friends, I look forward to our November 18 meeting at First Baptist Church in Clayton. I've sent invitations to many of our former members in hopes that they will join us as we celebrate 80 years of Eta State and the influence of Delta Kappa Gamma in our lives. Current key members and former key members have prepared the way for me and I am indebted.

Karen Parker has acquired a local photographer to come take head shots for our directory and small groups for those of us that want them. (Me, me me!) I look forward to having a group photo with our current officers and another with those who were installed with me.

I have acquired the services of a 360 photographer (OK, it's my brother Tom, and I'm sure he is actually so amazed that his sister can be leading professional educators that he is coming to see this for himself.) to take a group photo with a technique that is relatively new technology. We will group in a gently curved semi-circle with one row seated and the second row standing. He will take a series of pictures and then will magically weave those into a single wide format photograph. We'll be able to see all the smiling faces – no one will be peeking through between heads and shoulders. While I will be in the photograph, it's not about me. It's about you amazing women of Alpha Beta Chapter, past and present. You are the legacy of future professional educators.

So, PLEASE, PLEASE, PLEASE come to our November 18th meeting, (on time – don't lag to avoid photos) so we can participate in the 360 photograph at the very beginning of the meeting.

ETA State President Pat Taylor will join us. She is bringing the 80th Anniversary "Cake" from the State Convention – I hope to use it in the 360 photo!

The business meeting will include nominations – it's time for you to pass on the heritage of DKG to new, amazing members. Please nominate and bring your completed forms to Cathy Cox. The Show and Sell funds will support our scholarship fund for future educators.

There's more on the November agenda. Be sure to get your red folder when you arrive and continue to record your activities on the Member Excellence form. Bring your smile. Let's start a new ripple together on November 18th!

Continuing courageously in the footprints of others, Lorine

Health Tip of the Month



With the holidays quickly approaching, it is weighing heavy on my mind which of my favorite holiday foods I might have to sacrifice so I don't over do it. What's a lady to do with all of the holiday gatherings and parties coming up? The good news is there are a lot of health experts who can provide us tips for eating healthy even during the holidays.

Health magazine is online and has gathered 25 classic tips from their favorite health and nutrition experts. I've listed some of the tips. Feel free to go to the Web site for more details.

- Don't skip breakfast.
- Nibble don't gobble.
- Avoid late night snacks.
- Question your cravings.
- Don't skimp on sleep.
- Make your own lunch.
- Start with greens.
- Schedule a cheat day.
- Keep food journal.
- Never shop hungry.
- Say no to soda.
- Fill up on fiber and protein.

<http://www.health.com/health/gallery/0,,20645166,00.html>



Recommendations for Membership

It's time for us to begin the process of bringing new members into our Chapter. Please bring a completed copy of the **Recommendation for Membership Form 11** to our next meeting.

In addition, please reference the **Membership Information Form**. This form includes all of the information you need to consider before nominating someone as a member of our Chapter.

Copies of the **Recommendation for Membership Form 11** the **Membership Information Form** are found on **Pages 9 and 10** for your convenience.

"The 100 Challenge"



At our last meeting we shared information regarding the **"The 100 Challenge – Launching a Dream" initiative**. We would like to be one of the many chapters in Region III to meet the challenge to get **100 pledges of \$10** each before **March 15, 2015**.

Pledges will give the Education Foundation a way to project the amount of money donated when contributions start and the Board can begin to plan for grants from the Foundation.

If you did not complete a form at our last meeting, a copy of the pledge form is on **Page 11**. Are you ready for the challenge?



Getting to Know You



Each newsletter is going to highlight Alpha Beta members who shared interesting facts about themselves so we can get to know each other a little better. Remember, if you didn't get to share your facts, please email them to Karen Creech or bring them to the next meeting. Facts about our mystery member is featured below.

**WHO
AM
I ?**

1. **Considers herself a "Jack of all trades and Master of none."**
2. **Loves to travel.**
3. **Has kept close friendships with six of her college roommates and suite mates after 40 years.**
4. **Has gone zip lining in Jamaica.**



Find Name of Mystery Member on **Page 4**.



News From Eta State President

President Taylor shares in her message this month a verse from one of her favorite songs, "Simple Gifts." Her most favorite part in the song are the words: **"...And when we find ourselves in the place just right, 'twill be in the valley of love and delight."** For her these words ring so true. She asks if it is true for us. It didn't take me long to realize this verse rings true for me also. A **"place just right"** for me can be with my family, friends, and most definitely my DKG Sisters. What does your **"place just right"** look like?

In her message, President Taylor says she is very interested in empowering women in the Society and wants us to think about the ways we work together in Eta State to empower women; to empower each other. She recognizes we have many members of Eta State who are there to help us to walk in the **"valley of love and delight;"** to **"empower us."** How fortunate we are to be members of a Society that takes our well-being to heart. She believes it is because we know the challenges each of us face each day as teacher leaders.

President Taylor points out we are never alone in DKG because our members are working to empower women educators. She believes together, we are stronger in Eta State when we value and support each other.

This Thanksgiving, she says she is thankful for you, her Eta State Sisters. She wants us to keep helping each other as we walk in the **"valley of love and delight"** together in Eta State!

To read more go to **Messages from President Pat** at: <http://www.deltakappagamma.org/NC/Presidents%20page.htm>.



Patricia Taylor
Eta State President
2013-2015

Let's Tweet



Tweets by
[@Eta_State](https://twitter.com/Eta_State)

Eta State Convention 2015



The Eta State Convention is going to be held on **April 25-27, 2015** at the Sheraton in Chapel Hill, N.C. The theme of the conference is **Dare to Lead.**

Eta State members and friends are invited to submit breakout session proposals for the 2015 Eta State Convention. Sessions will focus on four strands: **Technology, Teaching & Learning, Personal Growth, and DKG Society.**

A proposal form is posted on the Eta State Web site at <http://www.deltakappagamma.org/NC/2015CallforConventionWorkshops.pdf> and should be submitted by **January 25, 2015**. For more information, please contact Shelia Groves:

Email: svangroves@aol.com,
Phone: 336) 274-1079,
Address: 804 Huntington Road,
Greensboro 27408

President Pat Taylor's Theme and Vision

Together, We Are Stronger -
Committing, Collaborating,
Celebrating!

Voices of Influence
Empowering NC Women
Educators (**VIEW**)

DKG President



Dr. Schmid wants to encourage us to assemble a diverse team of committee members and chairs to jumpstart her initiative using these simple steps:

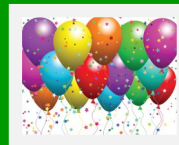


**Dr. Lyn Babb
Schmid**
**International
President**
2014-2016

1. **Set High Quality Targets**
2. **Enlist Diverse Opinions**
3. **Take Multiple Shots on Goal**
4. **Learn from experience and experiments**

**85 Years and Beyond:
Advancing Key Women
Educators for Life.**

Reason to Celebrate



Just a year ago Lucy Padilla, state organization president from Puebla, México shared that her chapter only had nine members. Former International President Dr. Beverly Helms noted that a chapter and state organization with only nine members is not enough to support itself.

During the last session of the Executive Board meeting in Indianapolis Dr. Helms was able to recognize Lucy Padilla for a promise she made to Dr. Helms to increase the membership in Puebla.

Puebla is now 27 members strong. This is certainly a clear example that increasing membership is an attainable goal!

2015 Southeast Convention
Savannah, GA, July 15-18

Delta Kappa Gamma promotes professional and personal growth of women educators and excellence in education.

Follow us

Facebook: www.facebook.com/dkgorg

Twitter: @blanton29

Instagram: @dkg_austin

LinkedIn: www.linkedin.com/company/delta-kappa-gamma-society-international

Pinterest: www.pinterest.com/DKGS/



2014-2016 ADMINISTRATIVE BOARD

International President: Dr. Lyn Babb Schmid, Pennsylvania
First Vice President: Cathy P. Daugherty, Virginia
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Northwest: Dr. Phyllis VanBuren, Minnesota
Southeast: Becky Sadowski, Tennessee
Southwest: Beth Schieber, Oklahoma
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2014-2018: Dr. Hanna Fowler, Georgia
Area Representatives
Canada: Dr. Donna-Faye Madhosingh
Latin America: Tamara Flores Hernández, San Luis Potosi
Parliamentarian: Dr. Gwen Simmons, North Carolina

Find administrative board members' email addresses at www.dkg.org

Toll-free phone: 888.762.4685

Nov.– April Birthdays



A special **“Birthday Wish”** from your Alpha Beta Sisters

November	December	January
Karen Parker - 2	Susan Auman - 5	Carolyn Riddick - 1
Janice White - 5	Margaret Lee Walker - 6	Debra Avery - 4
Denise Byrd - 9	Leona Parrish - 10	Joyce Matthews - 13
Eloise Bonds - 11	Abby Salas - 15	Cathy Cox - 16
Barbara Barnes - 14	Martha Bradshaw - 27	Jennifer Swartz - 27
Sonya Kiser - 28		Ann Parrish - 28
		Glenda Hales - 31



February	March	April
Mary Helen Sills - 26	Allette Hale - 19	Freddie Creech - 1
	Renee Wiggs - 28	Bess Ragsdale - 14
	Maylene Sanders - 30	Frances Warren - 14
		Olive Cooke - 16
		Yvette Davis - 27

SPECIAL NOTE: If you have a birthday in the months listed above and you do not see your name in the list, please contact Karen at karen.creech@ncpublicschools.gov. She will make sure you are included in the list.

Purpose and Mission



The Delta Kappa Gamma Society International

promotes professional and personal growth of women educators and excellence in education.

Alpha Beta Chapter
Organized April 19, 1952

TO UNITE women educators of the world in a genuine spiritual fellowship.

TO HONOR women who have given or who evidence a potential for distinctive service in any field of education.

TO ADVANCE the professional interest and position of women in education.

TO INITIATE, ENDORSE, AND SUPPORT desirable legislation or other suitable endeavors in the interests of education and of women educators.

TO ENDOW scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to non-member women educators.

TO STIMULATE the personal and professional growth of members and to encourage their participation in appropriate programs of action.

TO INFORM the members of current economic, social, political, and educational issues so that they may participate effectively in a world society.



Thoughts and Prayers



We have several members or their family members who are not doing well. I know they will appreciate you keeping them in your thoughts and prayers.

Laura Faye Canaday	Maylene Sanders
Leona Parrish	Margaret Walker
Bess Ragsdale	Rose Walker

If you would like to add someone to this list, please contact Karen at:
karen.creech@ncpublicschools.gov



If you have an idea for an article or information you would like to see added to the newsletter, please contact the editor, **Karen Creech**, at karen.creech@ncpublicschools.gov



THE DELTA KAPPA GAMMA SOCIETY INTERNATIONAL

Recommendation for Invitation to Membership

Complete and return to Membership Committee

Date: _____

1. Type of membership (check one):
(For qualifications, refer to Membership sections in the current Constitution, International Standing Rules, and Handbook before completing.)

- Chapter Active [] Chapter Honorary []
State Honorary [] International Honorary []

2. Name of person recommended: _____
(Title) (First) (Middle Initial) (Last)

3. Address of proposed member: _____
(Street, Route, P.O. Box)
(City) (State/Province/Country) (Zip/Postal Code)

County: _____ Telephone: _____ Fax: _____
(Include Area Code)

Email address: _____

4. Position title: _____ Employer: _____

5. Total number of years as a professional educator: _____

6. Highest educational degree granted: _____ Year: _____ Field: _____

7. Professional accomplishments:

8. Community activities:

9. Endorsed by one or more members:
Signature Chapter State

Membership in DKG

DKG women make a difference and impact education. We're a progressive voice for women educators around the world.

Members say DKG membership means

...scholarship funds for my education and growth with leadership skills.

Kaye Jones, OR, Kappa Chapter

...I have mentors for life that encourage me to grow both personally and professionally.

Susan Perkins, KS, Beta Rho Chapter

The Delta Kappa Gamma Society International (DKG) is a professional honor society for key women educators. With approximately 82,000 members in 17 countries, DKG offers members many opportunities such as

- professional development;
- leadership training;
- scholarships and grants;
- networking with educators around the world;
- fellowship and learning through a local chapter;
- forums for presenting and publishing; and
- professional conferences and conventions.

Members make a difference in education worldwide through various projects, both at the international and chapter level. International projects include

- Support for Early-career Educators through chapter projects in local communities; and
- Support for Schools for Africa through the US Fund for UNICEF.

DKG membership is an honor and is offered by invitation from a local chapter. A candidate for membership must be

- employed as a professional educator at the time of her election; or
- retired from an educational position.

Interested in membership? Email mem@dkg.org and connect with a local DKG chapter today!

Leading Women Educators Impacting Education Worldwide



Membership Services Department, September 2014

Launching A Dream PLEDGE FORM

The 100 Challenge—*Launching A Dream*

Your pledge of \$10 will advance the work of the Foundation, supporting education and educators.

Please give pledges to your chapter president or Regional Director before March 15, 2015.

DO NOT send money at this time.

Yes, I want to help *Launch A Dream*

_____ with a pledge of \$10

_____ with a pledge of \$ _____
(fill in amount)

Submit a separate form for each Pledge.

You may duplicate this form as needed.

Name

Address

Phone

Email

DKG Chapter

Region

Each Regional Director will collect forms from her region and send them to Connie Savell, Eta State Second Vice-President, by March 15, 2015.

You will be contacted later with information about making your tax deductible contribution. Thank you!

If you have questions please contact a member of the Educational Foundation Board of Directors.