



Alpha Beta Bits

Delta Kappa Gamma International Society – Eta State, NC

VOLUME 14

ISSUE 3

JANUARY 2015

DATES TO REMEMBER

**April 24 - 26
2015**

Eta State
Convention
Chapel Hill, NC

**July 15 -18
2015**

Southeast Regional
Conference
Savannah, GA

**April 22 - 24
2016**

Eta State
Convention
Winston-Salem, NC



ALPHA BETA CHAPTER OFFICERS

**Lorine Davis
President**

**Karen Parker
1st Vice President**

**Karen Creech
2nd Vice President**

**Mary Helen Sills
Secretary**

**Becky Kuszmaul
Treasurer**

Message from President Lorine Davis

May the Blessings of 2015 exceed your expectations!

I wish you enough. Perhaps you've read the sweet poem about "enough". Enough sun, rain, happiness, pain, gain, loss, hellos to last from one to the next.

As professional educators, we strive to give our students "enough". Not the sun and rain and happiness cited in the poem, but enough reading and communication,

math, science, social studies, and world and life skills to survive in a global community. Truth be told, we strive to give students an abundance, not just "enough". We desire for each and every one to be successful in life, and we do all we can to help them overcome academic deficiencies, which means we start by building relationships with students.

Are we wishing enough for our first

year teachers? Our leadership at Eta State is doing more than wishing. The **Eta State Leadership Development Seminar** will be held on Raleigh on **June 17-20**. The seminar is promised to benefit professional educators of all ages. I propose that we sponsor one of Johnston County's first year teacher... **(See Page 2)**

Lorine Davis



lorinedavis@embarqmail.com

Fund Raisers

I want to thank everyone who made our fund raisers so successful. Our biggest fundraiser is our **Show and Sell**. These funds go to our Endowment. Our total was **\$414.00**.

Our next highest fund raiser is our **raffle**. Thanks to the Awards Committee for bringing items for the raffle. Our total was **\$291.00**.

A new fund raiser we started at our November meeting is **Happy Dollars**. Members get to share some good new and are asked to contribute one dollar. We collected **\$8.00** for this fund.

The last fund is **Change for Literacy**. We



collected **\$6.37**

The total amount collected for our funds is **\$719.37**.



Message From President (Cont.)

nominees to attend the seminar. We are being asked to tap young educators and support them, and this is a way to make our presence known while supporting a young lady with proven talent. Perhaps the sponsorship will grow into a relationship that will allow us to mentor a new outstanding educator and bring her into the fold.

Are we wishing enough for each other? This year's committee chairs are making an effort to support our membership in technology advances, in top drawer teaching practices, in strengthening our political understanding and activities, and in deepening our commitment to each other. Please continue to use your strengths and talents to support Alpha Beta Chapter members in professional and personal endeavors.

I am committed to attend the **Eta State Convention in Chapel Hill on April 24-26**. This is my third Eta State Convention and I am hoping that each of you will consider spending time with me in Chapel Hill in April. **Jo Ann Norris** will be leading the "**Leadership Matters**" pre-conference on April 24. I have committed to the date and I have already purchased the e-book, **Women Lead the Way, by Linda Tarr-Whelan**. I want to return to our meetings with a deeper understanding of what Delta Kappa Gamma means to us as key women educators. Now that I think about it, I don't wish you enough. I wish you the abundance that is ingrained in outstanding leaders. I'm no longer willing to settle for "enough." Continuing courageously in the footprints of others, Lorine

"I wish you enough sun to keep your attitude bright.

I wish you enough rain to appreciate the sun more.

I wish you enough happiness to keep your spirit alive.

I wish you enough pain so that the smallest joys in life appear much bigger.

I wish you enough gain to satisfy your wanting.

I wish you enough loss to appreciate all that you possess.

I wish you enough hellos to get you through the final good-bye."

[Original story by Bob Perks, in Chicken Soup For the Grieving Soul] -

See more at: <http://www.kindspring.org/story/view.php?#sthash.9xYoAVah.dpuf>.

Our Superstar Marjorie

The
Best

The Greater Smithfield-Selma Area Chamber of Commerce held their Semester **Superstars** Luncheon. One of our newest members, Marjorie Harris from Neuse Charter School, was recognized for being an **outstanding teacher and leader** at Neuse Charter School. Congratulations to Marjorie.



**Pictured (L to R): Lynn Ragsdale
Marjorie Harris**

Health Tip of the Month



Forget everything you've heard about stress-eating being bad. If you eat the right foods you can counteract the damage that chronic pressure does to your body.

There are **nine foods** that will help keep you calm and soothe stress. These foods are known as "**Stress-Busting Foods**" and all nine of them are healthy foods. To learn more about these foods, go to <http://www.womenshealthmag.com/nutrition/beat-stress>.

- **Almonds, Pistachios & Walnuts - Vitamin E**
- **Avocados – Satisfy craving/reduce frantic feelings**
- **Skim Milk - Calcium**
- **Oatmeal - Fiber**
- **Oranges - Vitamin C**
- **Salmon - Omega-3 fatty acids**
- **Spinach - Magnesium**

Delta Kappa Gamma promotes professional and personal growth of women educators and excellence in education.

"The 100 Challenge"



At our February meeting we will continue collecting the pledges for the "**The 100 Challenge – Launching a Dream**" initiative. We hope to meet the challenge to get **100 pledges of \$10** each before **March 15, 2015**.

Pledges will give the Education Foundation a way to project the amount of money donated when contributions start and the Board can begin to plan for grants from the Foundation.

If you did not complete a form at our last meeting, a copy of the pledge form is on **Page 9**. Are you ready for the challenge?

**Together, We Are Stronger -
Committing, Collaborating,
Celebrating!**



Getting to Know You



Each newsletter is going to highlight Alpha Beta members who shared interesting facts about themselves so we can get to know each other a little better. Remember, if you didn't get to share your facts, please email them to Karen Creech or bring them to the next meeting. Facts about our mystery member is featured below.

**WHO
AM
I ?**

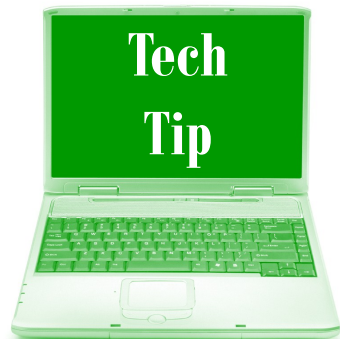
1. **I was a Technical Inspector with NASCAR for 10 years.**
2. **When I was 14 years old, I helped Ava Gardner unpack lingerie she had made in Paris. She even had me try on several things.**
3. **I collect hats (mostly vintage) and antique hat pins.**



Find Name of Mystery Member on **Page 4**.



Tech Tip



ScreenCast-o-Matic

<http://www.screencast-o-matic.com/>

ScreenCast-o-Matic

One of my most favorite resources for creating short videos is **ScreenCast-o-Matic**. It is so easy to use and is **FREE**. It is as easy as clicking the **"Start Recording"** button.

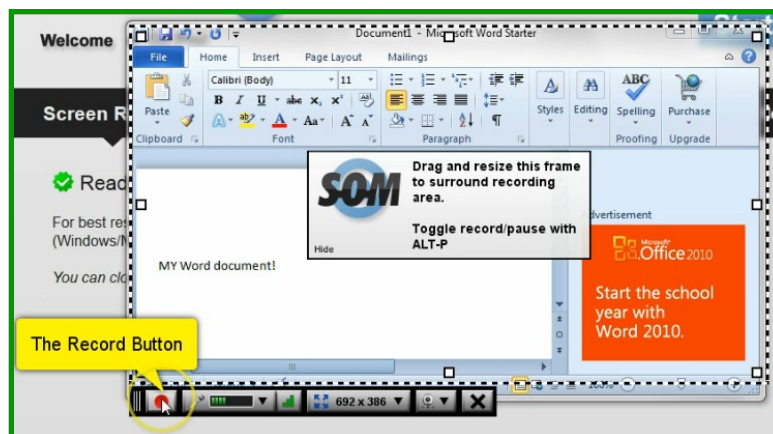
This Web tool works best with **Internet Explorer** instead of Firefox. All of the videos are stored for free on the company's server. You do need to create an account to access the videos you save on their server. You can download all of the videos you create to your computer if you don't want to create an account.

Make sure you have updated versions of Java on your computer. It is safe to download Java if the tool recognizes your computer needs an update. Follow the steps below.

1. Use the Internet browser, Internet Explorer. If you use Firefox, you will need to make sure your Java plugin is updated.
2. Go to the Web site; <http://www.screencast-o-matic.com/>.
3. In the upper right-hand of the Web page, click on the **"Start Recording"** button.
4. Once the program opens, you will see a **red button** in the lower left-hand corner.
5. Push the red button to begin and end the recording.

There is short tutorial you can watch when you are ready to get started. Go to:

<http://www.screencast-o-matic.com/u/h/start-recording>.



Change 4 Literacy

The **Literacy Committee** would like to remind everyone to bring any extra change you would like to donate to put in the collection jar.

The funds collected will go the **Harbor House**. This local non-profit is a shelter for woman and children of domestic violence.



Alpha Beta Chapter Minutes



Please read the minutes from the last meeting before each meeting.

Did you guess right? The **Mystery Member** highlighted on **Page 3** is **Mary Helen Wyatt**.



News From Eta State President

President Taylor has been thinking about the word, **resolution** because she knows it is the time of year we all think about it. But, she is looking at the word a little differently, "**re-solution.**" She loves the idea of looking at some of her challenges in life that would benefit from "**re-solutions.**"

She believes now is a great time to explore "**re-solutions**" for preparing members for future roles in leadership and encouraging members to explore opportunities for professional development, networking, and leadership training. In the year ahead, Eta State will be encouraging members to continue to explore new ways to engage with members from all over the world to find "**re-solutions**" to help keep the history of our Founders and Society alive today.

President Taylor believes the Eta State Convention, in April, will offer "**re-solutions**" to members in answering questions we may have as educators, on a personal level, and/or as leaders as we "**Dare to Lead!**"

She invites us to explore "**Leroy's Website**" on the Eta State Website for tips and articles on leadership that will provide "**re-solutions**" for engaging members in personal and professional growth as people and as leaders!

She asks us to think about this question, **Are you ready to explore some "resolutions" for a dynamic year in Eta State?**

To read more, go to **Messages from President Pat** at: <http://www.deltakappagamma.org/NC/Presidents%20page.htm>.



Patricia Taylor
Eta State President
2013-2015

Let's Tweet



Tweets by
[@Eta_State](#)

Eta State Convention 2015



From the pre-conference session and registration to the general sessions and new officer nominations, plans and details are taking shape for the next **Eta State Convention** to be held in Chapel Hill, **April 24 -26, 2015.**

The Eta State Membership Committee is encouraging all chapter membership chairs to attend the Eta State Convention. They are planning very informative sessions which will be filled with effective strategies to increase and enhance our chapter membership.

Hotel registration is now open and members are encouraged to make their reservations early at the **Sheraton Chapel Hill Hotel**. Be sure to mention **DKG Eta State** to get the **special \$119 room rate** (plus taxes). For more information, go to the **Eta State Web site** at: <http://deltakappagamma.org/NC/2015%20Convention.html>

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www.pinterest.com/DKGSi



DKG International President



President Schmid shared a poem by **David Sandy** entitled, **"The Builder"**, as part of her message. She thought the poem would make us think about the roles we play in the DKG Society. The poem talks about tearing something down or building something up with care.

She has very strong feelings about the role she thinks we play. She says, **"If you are not being a contribution, then the poem infers that you are tearing down what took 85 years to build for those who went before us."**

As the loyal DKG member, she wants us to realize is that it is not enough to have love for the Society and concern about its future. In David Sandy's poem, he references being a builder and for her that means we must be a contribution, not only in the present, but also in working to evolve the Society to move to a higher level of value for potential members if we are to survive as the world's largest women's educational organization.

The true builder, the contributor, cares deeply about the Society itself, not just the people in the Society. In this world there are those who tear down and those who

build. Here is her challenge to us, decide that you will begin to contribute to the development of relationships that will lead to stronger chapter ties, more chapter involvement, and decisions that will advance us into the next generation and evolution of our Society. **Builders wanted!** So the challenge remains: **85 Years and Beyond: Advancing Key Women Educators for Life.**

To read more of President Schmid's message, go to https://www.dkg.org/sites/default/files/files-for-download/Nov_Dec2014.pdf.



**Dr. Lyn Babb
Schmid**

**International
President
2014-2016**

SE Regional Convention



The **Southeast Regional Convention** is being held in Savannah this summer. It would be wonderful if we could have Alpha Beta members attending this convention.

I believe there will be a lot of interesting sessions to choose from to include Technology, 21st Century Teaching and Learning, Personal and Professional Growth, and session on the DKG Society.

The **SE Regional Convention** will be held at the Westin Savannah Harbor Golf Resort and Spa, **July 15-18, 2015**. Find more information at:

<https://www.dkg.org/content/2015-southeast-regional-conference>

Measuring Success



DKG believes there are a number of criteria that can be used to measure a successful chapter. The criteria is listed below.

As you read through the criteria, I know you will realize our Chapter meets all of the criteria. Let's celebrate this great accomplishment.

- ◆ Chapter rules updated within past four years.
- ◆ One or more chapter members attend state organization meetings.
- ◆ President or representative present at state organization executive board meetings.
- ◆ Average of two new members a year for last three years.
- ◆ Members participate actively in chapter/state organization projects.
- ◆ Members serve in leadership positions when asked.

Image-https://img1.etsystatic.com/000/0/6262900/il_fullxfull.317507573.jpg

Visit our Chapter Web site at: <http://www.deltakappagamma.org/NC-alpha-beta/index.htm>

Jan.– June Birthdays



A special **“Birthday Wish”** from your Alpha Beta Sisters

January	February	March
Carolyn Riddick - 1	Mary Helen Sills - 26	Allette Hale - 19
Debra Avery - 4		Renee Wiggs - 28
Joyce Matthews - 13		Maylene Sanders - 30
Cathy Cox - 16		
Jennifer Swartz - 27		
Ann Parrish - 28		
Glenda Hales - 31		



April	May	June
Freddie Creech - 1	Terry Dickens - 1	Sandy Smith - 1
Bess Ragsdale - 14	Denise Luper - 7	Amy Stanley - 8
Frances Warren - 14	Trudy Fernell - 8	Noela Sue Woodall - 9
Olive Cooke - 16	Rose Walker - 11	Kathy Hamilton - 13
Yvette Davis - 27	Mary Sauls - 7	Tucker Twisdale - 19
	Jennifer Moore - 13	Lynn Ragsdale - 25
	Karen Hicks - 17	
	Sybil Edwards - 18	
	Lorine Davis - 23	

SPECIAL NOTE: If you have a birthday in the months listed above and you do not see your name in the list, please contact Karen at karen.creech@ncpublicschools.gov. She will make sure you are included in the list.

Purpose and Mission



The Delta Kappa Gamma Society International

promotes professional and personal growth of women educators and excellence in education.

Alpha Beta Chapter
Organized April 19, 1952

TO UNITE women educators of the world in a genuine spiritual fellowship.

TO HONOR women who have given or who evidence a potential for distinctive service in any field of education.

TO ADVANCE the professional interest and position of women in education.

TO INITIATE, ENDORSE, AND SUPPORT desirable legislation or other suitable endeavors in the interests of education and of women educators.

TO ENDOW scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to non-member women educators.

TO STIMULATE the personal and professional growth of members and to encourage their participation in appropriate programs of action.

TO INFORM the members of current economic, social, political, and educational issues so that they may participate effectively in a world society.



Thoughts and Prayers



We have several members or their family members who are not doing well. I know they will appreciate you keeping them in your thoughts and prayers.

Laura Faye Canaday	Maylene Sanders
Leona Parrish	Margaret Walker
Bess Ragsdale	Noela Woodall

If you would like to add someone to this list, please contact Karen at:
karen.creech@ncpublicschools.gov



If you have an idea for an article or information you would like to see added to the newsletter, please contact the editor, **Karen Creech**, at
karen.creech@ncpublicschools.gov



Launching A Dream PLEDGE FORM

The 100 Challenge—*Launching A Dream*

Your pledge of \$10 will advance the work of the Foundation, supporting education and educators.

Please give pledges to your chapter president or Regional Director before March 15, 2015.

DO NOT send money at this time.

Yes, I want to help *Launch A Dream*

_____ with a pledge of \$10

_____ with a pledge of \$ _____
(fill in amount)

Submit a separate form for each Pledge.

You may duplicate this form as needed.

Name

Address

Phone

Email

DKG Chapter

Region

Each Regional Director will collect forms from her region and send them to Connie Savell, Eta State Second Vice-President, by March 15, 2015.

You will be contacted later with information about making your tax deductible contribution. Thank you!

If you have questions please contact a member of the Educational Foundation Board of Directors.