



Newsletter

Editor's Message

A few months ago the priest at my church told a story about his first year of "priest training". He served as a chaplain at a busy hospital in our state. He told of being called to rooms where emergencies were occurring and he described the scene- crash carts, every staff person in the room knowing exactly what his or her important critical job was; everyone it seemed but him. As he saw it, his role was to represent peace in the chaos.

That term, and the visual has stuck with me. This is the time of year when those of us who are educators are headed back to the classroom. We return renewed and hopeful, in spite of the challenges facing us in these difficult times. We return with a commitment to preparing our students with the life skills they need to make the future better for all. Yet more testing, more accountability, additional mandates, larger class sizes, and program cuts await many of us. And if we couple this job stress with stressors in our own lives; problems with health, finances, our children, our parents, and our marriages, we have a recipe for personal disaster.

In order to cope with the inevitable chaos in our lives we need to find peace. We need stay calm and focused even when the world around us is not. Below I offer you 5 doable suggestions that I've gathered and I'm working on, and that I hope will help you on your own peace journey.

Be Thankful

Remind yourself daily of the gifts in your life. Focus on the good things others have done for you. Count your blessings, literally. Practice saying thank you. Appreciate the miracle of life and what it means to be alive. Work to find opportunities to be grateful.

Create a Visual

The power of visualization is touted by life coaches, therapists, businesses and sports directors who believe in the power of images, including mental rehearsal, to improve performance and overcome obstacles. Use images as a tool of consciousness.

Let It Go

Recognize what is in your control and what is not. Worry can consume you. Learn to let go of the things you can not change. Take things one day at a time. It's age-old advice, and it works. Just let it go.

Look for the Good

Work at finding the positive in every situation. Victor Frankl, author, therapist and Nazi concentration camp survivor shares in his book Man's Search for Meaning, how he was able to maintain meaning and purpose in life and even find joy and happiness during his experiences in Auschwitz. Practice seeing the glass half full.

Listen to the Silence and Breathe

Get in the habit of noticing and appreciating quiet to help you build resistance to the hectic pace of your life. Breathe deeply as you take a long walk, turn off the radio in the car, gaze at the stars, or simply sit down. Recharge by listening to silence which can often bring solutions to problems, answers to questions and clarity.

Our newsletter, as always, is filled with ideas, resources, opportunities, and inspirations to help you stay focused on your commitment to shape tomorrow's peacemakers. Our students' success depends on our energy, attitude and passion. During difficult times, remember that life is an exciting and uncertain adventure. When there is chaos, seek peace, and may that harmony resonate to your students and everyone you meet.

Janice McKusick
Editor

*"Peace is not about avoiding trouble, work and hardships.
Rather Peace is the ability to remain calm in the midst of life's challenges."*



Peacemakers at Work



kidEarth, is a children's environmental movement started by **Aitan Grossman**, a 6th grader from California. Aitan wrote "100 Generations," a ballad he says is about "the integrity of nature we're taking for granted," and sent it to schools on six continents in search of children like him who wanted, through the power of music, to fight global warming. Children from countries threatened by droughts, fires, rising sea levels, and melting glaciers -- Botswana, France, Taiwan, Venezuela, Ethiopia, and the United States -- eagerly volunteered to be part of Aitan's global music project. Aitan posted

the "100 Generations" anthem on his kidEarth website and is inviting school children around the world to add their voices to its chorus. All they need to join in is music from the website, www.kidEarth.us, a digital video camera, and lyrics sung in their own language about local natural landmarks they hold dear. KidEarth kids hope their message will go virtual: so that all kids, who are about to inherit an earth vastly different from their parents', will learn what they can do to turn the world's climate around. The efforts of these kids, along with the "amazing things adults are doing to un-endanger endangered species and to save the planet from the bad effects of global warming" Aitan notes, are cause for optimism. But just in case adults need some help, Aitan wants people who share his concern to "plunk" down 99 cents and buy the "100 Generations" song. He plans to give the song's profits to environmental groups that are doing their part to save the planet. Two of Aitan's favorites are the World Wildlife Fund, which echoes kidEarth's international global warming message with its work in 100 countries, and the Alliance for Climate Protection, whose mission is to teach the world about climate change, started by Aitan's hero, Nobel laureate and former US Vice President Al Gore. To purchase the song search for "kidEarth" on iTunes or Amazon MP3. You can view video of children singing at <http://www.youtube.com/group/kidEarth>.



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS

DELTA KAPPA GAMMA

Over the last several years **Delta Kappa Gamma** members have participated in a number of UNICEF fund-raising efforts in some of the world's most needy areas. In 1996, \$52,951.56 was contributed to the Gambia Project, which provided funds to help girls re-

main in school. In 1999, \$16,375.06 was given to the Pro-Maya Project to assist children and their schools in Chiapas, Mexico. In July, 2003 work began to support a partnership for teacher education in Afghanistan. When this program came to an end in June, over \$200,000 had been donated. These funds have made an enormous difference in the lives of children across the globe.

Pax Educare is a small grass-roots effort, founded in early 2003 with a mission to promote the importance of engaging in the practice of education to build a more hopeful and interdependent world. Their first kick-off activity was an intergenerational Peace Day, held at the Learning Corridor in October of 2002 in Hartford, featuring experiential workshops, music, dancing and singing. Since 2003, their

partnering with many other organizations has continued, their library has grown, and their twice yearly newsletters reach an audience of over 500 households. For the past several years, Pax Educare has worked with academic institutions to promote the study, research and teaching of peace and to affirm the importance of peace as a field of study. Student interns from area colleges provide invaluable help in many ways. Pax Educare engages in small research projects, often with the help of partnering organizations. They provide workshops on nonviolence and peace building. For the past five years, Pax Educare has been coordinating a coalition of schools and organizations who are learning the HIPP (Help Increase the Peace Program), a program first developed by Quakers and the American Friends Service Committee. HIPP is an experiential, inter-generational, dynamic and community building series of 3 workshops which is geared toward transforming the violence and oppression in our lives and in the wider society, beginning with each of us. Pax Educare director Mary Lee Morrison invites visitors to come in, learn more about peace as a pedagogical process and utilize their resource networks. www.paxeducare.org



Opportuni-

**Curriculum of Hope
Peace Pole Rededication**
September 20, 2009
1-3
Heritage Park
Willimantic, CT

**Human Rights in the USA
Conference**
Sponsored by the
Human Rights Institute
and the
UCONN Law School
October 22-24, 2009
For more information
humanrights@uconn.edu

**Annual St. Francis Day Celebra-
tion**
Stepping Into the Tragic Gap:
Nonviolence and Reconciliation
with Nations at War
October 3, 2009
10 –6
The Agape Community
Ware, MA

**University of Connecticut
Environmental Action Day**
Friday, November 6, 2009
9:00am-5:00pm
University of Connecticut Student Union
2110 Hillside Rd., Storrs, CT
Open to high school students, teachers & other
adult leaders. Explore a host of interesting,
hands-on workshops about environmentally re-
lated issues. Work on an environmental action
plan that YOUR group can enact to create posi-
tive change in your own community. Join top fac-
ulty, researchers and presenters in environ-
mental education and outreach. For more infor-
mation contact Karen Filchak at 860-774-9600
ext. 16 or karen.filchak @uconn.edu

2010 CTAUN Conferences
Rutgers University
January 15
Developing Globally Literate Students: 21st
Century Skills, Emerging Technologies
and the United Nations

Atlanta
March 9
Who Needs the UN Now?
Chandler School of Theology, Emory University
For information rrrking1@aol.com



**Mark Your
Calendar!**

**8th Annual
Peace Educators
Conference**
Loving Teachers,
Living Schools:
Sharing Our Paths of
Peace
November 12—19, 2009
Hamilton, Ontario
McMaster University
For more information:

*When you find peace
within yourself, you become
the kind of person
who can live at peace
with others."*
Peace Pil-



SEPTEMBER

- 21 **International Day of Peace**
www.internationaldayofpeace.org/
- 26 **National Public Lands Day**
www.publiclandsday.org/

OCTOBER

- 16 **World Food Day**
www.worldfooddayusa.org
- 18-24 **National Character Counts Week**
www.charactercounts.org
- 19 **International Day for the Eradication of Pov-
erty**
[www.un.org/esa/socdev/social/intldays/
IntlDay/2009intloday.html](http://www.un.org/esa/socdev/social/intldays/IntlDay/2009intloday.html)
- 24 **United Nations Day**
www.un.org
- 24 **Make a Difference Day**
www.makeadifferenceday.com

NOVEMBER

- 10 **Mix It Up Day**
www.tolerance.org/teens/lunch.jsp
- 15-21 **Bullying Awareness Week**
<http://bullyingawarenessweek.org/>
- 15-21 **Geography Awareness Week**
www.mywonderfulworld.org/gaw.html
- 16 **International Day of Tolerance**
www.un.org/depts/dhl/tolerance/index.html
- 20 **Universal Children's Day**
www.un.org/depts/dhl/children_day/index.html

DECEMBER

- 10 **Human Rights Day**
www.onedayforhumanrights.com/

JANUARY

- 12 **World Aids Day**
www.worldaidsday.org
- 19 **Martin Luther King Day**
[holidays.kaboose.com/martin-luther-king-jr-
day.html](http://holidays.kaboose.com/martin-luther-king-jr-day.html)
www.teachingtolerance.org



Resources and Ideas

NEW Climate Change, Wildlife and Wildlands Toolkit!

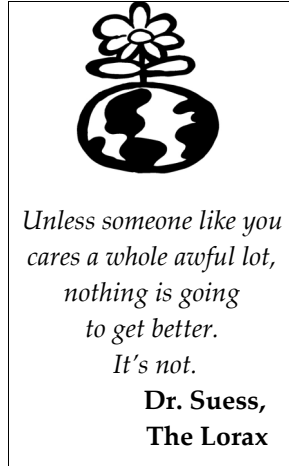
Seven federal agencies worked to develop the new Climate Change Wildlife and Wildlands Toolkit to aid educators in teaching how climate change is affecting our nation's wildlife and public lands, and how everyone can become "climate stewards." The free downloadable kit is designed for classroom teachers and informal educators in parks, refuges, forest lands, nature centers, zoos, aquariums, science centers, etc., and is aimed at the middle school level. The kit includes: • A 12 minute video introducing climate change issues as they affect wildlife and wildlands • An overview of the science of climate change • Case studies on 11 ecoregions highlighting regional impacts to habitats and wildlife, and information on what people can do to help • A glossary of climate change terms to build vocabulary • Classroom activities keyed to national science standards, developed by participants in the 2008 Albert Einstein Distinguished Educator Fellowship Program • Additional hands-on activities and formal and informal educator resources. <http://www.globalchange.gov/climate-toolkit>

Starting Small

Teaching Tolerance in Preschool and the Early Grades

This free professional development resource from Teaching Tolerance has been re-released on DVD.

Teaching Tolerance is a wealth of resources for all grade levels —visit their website and become a subscriber to Teaching Tolerance Magazine (free). teachingtolerance.org



What constitutes appropriate holiday curriculum?

Check out these websites for the dos and don'ts of holidays in schools as well as suggestions for developing a holiday policy for your district.

<http://faculty.weber.edu/rwong/edu3200/Eng-RethinkingHolidays.pdf>

www.adl.org/religion_ps_2004/teaching.asp

www.adl.org/issue_education/december_dilemma_2004/

www.firstamendmentcenter.org/pdf/

Incredible resources for all-year and a week-long guide of activities and ideas to help you celebrate Geography Awareness Week.

Find out more about environments, geotechnologies, global hotspots, careers and cultures. Free activities, downloads, resources, and webcasts!

mywonderfulworld.org

ESR (Educators for Social Responsibility) has many resources to support the work of building safe, caring and more equitable classrooms and schools.

Get It Together

Tim Erikson
UC Berkley
180 pages

A collection of over 100 math problems for cooperative groups—each group member has a different clue which allows for collaboration in problem solving.

Grades 4-6
\$19.95

Silver Bullets

Karl Rohnke
Kendall Hunt Publishing
188 pages

For use by educators, counselors and camp directors, 165 adventure-based activities for building community and breaking down barriers. Indoor and low activity level activities are included.

Grades K-12
\$37.95

Building Emotional Intelligence

Linda Lantieri
Sounds True
155 pages

A step-by-step guide to teach children how to quiet their minds, calm their bodies, and manage their emotions. The book is arranged by age groups and features techniques for increasing self-esteem, improving concentration, and enhancing empathy and communication.

\$22.95

ESR also has an online teacher center. After registering, you can view lessons and activities by grade level and theme. www.esrnational.org



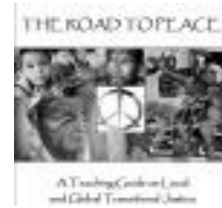
"Small changes can snowball. When and where this will happen is unpredictable. But, if enough people are taking small stands and making small changes, a system can shift, suddenly, dramatically. Each time you speak the truth or act out of love for something beyond yourself you create the possibility of someone else doing the same. You create the possibility of an upward spiral."

Elizabeth Swain

**Solving Thorny Behavior Problems
How Teachers and Students
Can Work Together**

Caltha Crowe
Northeast Foundation for Children
2009 304 pages \$26.00

Teachers of grades K-6 will appreciate this guide to solving problems with children. Crowe presents 5 detailed steps, teacher language, and planning pages to assist teachers in solving common but challenging misbehaviors that disrupt the classroom. True stories from classrooms, along with actual dialogues with students, help to make this book a must read/must have for any new teacher. Even veterans can garner new strategies to use in helping to solve problems together with students. www.responsive



**The Road to Peace:
A Teaching Guide on Local
and Global Transitional Justice**

The Advocates for Human Rights Education Program have used the expertise of The Advocate's human rights monitoring teams who carried out work in post-conflict Peru and Sierra Leone to create this teaching guide to introduce high school students and up to the concept of transitional justice. The Road to Peace provides educators with 10 lesson plans to explore conflict resolution and restoration of justice in the aftermath of war. The lessons emphasize the processes that countries coming out of conflict undertake to seek resolution, address past human rights abuses, reform their societies, and heal from violence. It challenges audiences to apply these methodologies to transform conflict in their own lives and stop the cycle of violence. It is hoped that the teaching guide will inspire and empower students to promote peace and justice in their own communities and around the world. To order a copy or to download a free PDF visit www.discoverhumanrights.org or www.theadvocatesforhumanrights.org

MUSIC TEACHERS: Contact Luvenia George, Ph.D., Ethnomusicologist who specializes in resources on music and cultures around the world: the music that brings out the diversity that makes each nation unique. Dr. George lives in Washington, DC. She has authored Teaching the Music of Six Different Cultures Duke Ellington/Louis Armstrong Education Kits, Smithsonian Institution lgeorga226@aol.com or 202-723-4408.

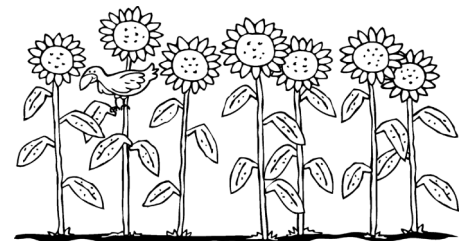


**Darfur Dream Team
Sister Schools Program**

Over 60% of the 250,000 people living in refugee camps in eastern Chad are children. The Sister Schools Program initiative links American middle schools, high schools, colleges and universities with schools in Darfuri refugee camps. The program's goals are to improve the education of Darfuri students living in camps through the construction and rehabilitation of school buildings, teacher training and provision of sports equipment and other school supplies; and to foster cross-cultural relationships and mutual understanding between American and Darfuri refugee students through letter exchanges and video blogging. A donation of \$82 will provide a Darfuri refugee student with textbooks, school supplies, teacher kits and sports equipment. You can register your group to participate at www.darfurdreamteam.org Also at the site you can find links and further information on additional ways to get involved and make a difference.

*"Keep your face to the
sunshine and you cannot
see the shadow.
It's what sunflowers do."*

Helen Keller



O Ambassadors is a joint project of Oprah's Angel Network and Free The Children that inspires young people to become active, compassionate and knowledgeable global citizens to create lasting change in the world. The program connects students in North America with people around the world to work toward the Millennium Development Goals. Educators are invited to form an O Ambassadors club at their school, either as part of classroom programming or as an extracurricular activity. To apply visit: <http://oambassadors.org>

Rethinking Schools has several new publications including:

Teaching for Joy and Justice

by Linda Christensen

Rethinking Early Childhood Education

Edited by Ann Pelo

Rethinking Multicultural Education

Edited by Wayne Au

A People's History for the Classroom

by Bill Bigelow

Visit www.rethinkingschools.org for more information, excerpts, resources, etc. A one year subscription to Rethinking Schools quarterly magazine is \$17.95. The summer issue, Teaching for Environmental Justice features a collection of articles discussing the health of the world and ideas for student involvement. You can download a PDF of the full issue for \$4.95.

"I find that the great thing in this world is not where we stand, but in what direction we are moving."

Oliver Wendall Holmes

EARTH is an 89 minute DisneyNature release. Narrated by James Earl Jones, EARTH tells the story of three animal families and their amazing journey. You can download an 8 page student activity guide and a 58 page teacher guide that presents curriculum ideas organized by the five topics: The Great Migration, The Earth and the Sun, Adaptations and Habitat, Life Cycles, and Predators and Prey. Visit <http://disney.go.com/disneynature/earth/> to watch a trailer and check out the free educational materials and additional resources.



From natural awakenings, April 2009

Author and meditation leader Sharon Salzberg recently noted the rules posted in Carderock Elementary School's auditorium.

Carderock Elementary School Rules for Being Kind

- Treat people the way you want to be treated.
- Play fair.
- Respect everyone—other students and all staff.
- Everyone can play.
- Help others when they need help.
- Don't hurt others on the inside or the outside.
- Honor all the pillars of ethics.

Salzberg reminds us to experiment with these rules in our own lives, especially "everyone can play", by including others in conversation. Salzberg has written **The Kindness Handbook**. SharonSalzberg.com

In 2001, **Concern Worldwide US** launched the **Global Concerns Classroom** in partnership with Tufts University, with funding generously provided by the United States Agency for International Development (USAID). The teacher resources include downloadable guides that explore specific global issues and geographic regions. The materials provide extensive information about a variety of issues using maps, images, graphs, quotations, statistics, references and web links. Students are engaged through critical questions, thought-provoking quotations and proverbs, and case studies.



The issues include:

Child Labor: Should child labor be abolished? (Focus on Bangladesh)

Child Survival: How can we ensure that all children survive the first five years of life? (Focus on Rwanda)

Education: How can a country with limited resources provide education to all children? (Focus on Somalia)

HIV&AIDS: How should a country with limited resources respond to its HIV&AIDS crisis? (Focus on Uganda)

Hunger: Is it possible to end world hunger? (Focus on Ethiopia)

Water: How can we increase the world's access to clean water? (Focus on Haiti)

Women's Rights: Should all women around the world have the same rights? (Focus on Pakistan)

Also available are a set of 11x17 posters to complement the issues presented in the classroom curriculum. You can download the posters or order a set to be mailed to your school by emailing global.concerns@concern.net

www.concernusa.org

Caring for Our

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According to an article in American Teacher (March 2009), districts nationwide are looking to utilize some of the economic stimulus monies targeted for repairing and modernizing education facilities to complete projects that will save energy and promote learning.

The cost of constructing green schools is only slightly higher than conventional schools, but will save one-quarter of the energy costs. Green schools are built from recycled or renewable products. They may have green roofs and water efficient landscapes. Reservoirs capture rainwater to use in toilets and to water athletic fields. Some have geothermal heating and cooling systems which use air from underground to help regulate inside temperatures. Green schools make use of natural light, allowing the lights to dim as sunlight increases.

Green schools also use green cleaning products, helping to reduce harmful fumes, releasing less toxins and helping kids with asthma. Fresh air circulates, monitored by carbon dioxide detectors that automatically open vents to let in air.

Green schools reduce, reuse and recycle. One of the first steps in making your school "greener" is to conduct a waste audit. Form a school "green team" and use the strategies at www.recycleworks.org/schools/s_audits.html to begin the process of making your school a greener and healthier place to teach and learn.

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All "green" cleaning products are not created equal. Greener-Choices.org offers the following suggestions for determining whether or not a cleaning product truly meets green guidelines.

- Read the label. All household cleaners that contain hazardous chemicals must carry a warning label that spells out potential risks along with first-aid instructions.
- Don't assume that environmental and health claims are true. You can look up a product at www.goodguide.com www.greenerchoices.org or www.greenseal.org.
- Check the ingredient list.

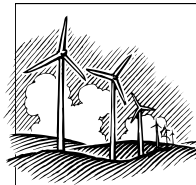
Green cleaning solutions are usually made from plant-based oils and minerals such as coconut and palm oil.

Certification from nonprofit agencies such as Green Seal are too expensive for many manufacturers. Taking a few minutes to research the health warnings and pH levels, which should be between 4 and 9, is your best bet for making informed choices.



"Turning the public green is a little bit like turning copper green. It may take a long time and a lot of exposure, but the resultant beauty and resilience are worth the effort."

Office of Science & Technology
Embassy of Austria
Washington, DC



A typical wind turbine contains 8,000 parts and 240 tons of steel, 20 tons of fiberglass and has a foundation of 460 tons of concrete. Multiply that by the number of turbines that have come on line (3,000 in 2008) and you have a substantial growth in jobs and businesses.

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Hundreds of companies are benefiting from the push to become more energy efficient and less dependent on oil. In addition new jobs are opening in almost every industry including:

- Travel and Hospitality
- Planning and Land Use
- Health and Medicine
- Energy and Renewables
- Legal Careers
- Green Learning/ EcoEducators
- Design and Construction
- Organic Food and Farming
- Corporate Social Responsibility

Millions of jobs will be created as U.S. manufacturers work to provide clean energy technologies. The 750,000 energy efficient LED lights used in the opening ceremonies of the Beijing Olympics were made in Durham, NC. Electronics company Sharp is now the largest U.S. producer of solar panels. Infinia is repurposing auto assembly plants to make solar dishes.

Curbing climate change will both benefit our economy and the life of our planet.

The **National Resources Defense Council** is launching a campaign to save America's last wild places—our **BioGems**. Coastlines that could become industrial ports; ancient forests that could be stripped of their trees, and unspoiled wildlife habitats that could be sacrificed for oil and gas drilling are all focuses. NRDC enlists those who are concerned to take action via the Internet to bring pressure on companies and governments. These activists—BioGems Defenders—are making an impact. Recently they helped block Mitsubishi's plans for a massive salt factory at the breeding ground of the Pacific gray whale at Laguna San Ignacio, Mexico. Currently NRDC has started "The Big Howl" campaign to protect wolves in the Northern Rockies, who are in danger due to the lifting of the wolf's federal protection. You can join the 500,000 people who have sent more than 10 million messages to help preserve our wilderness. Visit www.savebiogems.org



*"Listen to the voice of nature,
for it holds treasures for you"*

Huron

*"We will be known forever
by the tracks we leave."*

Dakota

*"The more you give,
the more good things come to you."*

Crow

From **The Soul Would Have No Rainbow If the Eyes Had No Tears** and other Native American Proverbs by Guy

Did You Know?

- ⇒ Homeowners use up to 10 times more toxic chemicals per acre than farmers.
- ⇒ Recycling 1 aluminum can will operate a TV set for 3 hours and is the equivalent to 1/2 a can of gasoline.
- ⇒ When you turn on an incandescent light bulb, only 10% of the electricity used is turned into light, 90% is wasted as heat.
- ⇒ 25 trillion Styrofoam cups are thrown away by Americans each year.
- ⇒ 1 ton of recycled paper can save 17 trees, 380 gallons of oil, 3 cubic yards of landfill space, 4,000 kilowatts of energy and 7,000 gallons of water.
- ⇒ Motor vehicles are the #1 recycled product in the U.S. ahead of aluminum cans, paper and glass. 85% of your vehicle is recyclable.
- ⇒ The annual fossil fuel footprint of bottled water in the United States is over 50 million barrels of oil, equivalent, or enough to run 4 million cars for one year.
- ⇒ The manufacturing of the 29 billion plastic bottles used for water in the U.S. each year requires the equivalent of more than 17 million barrels of crude oil.
- ⇒ It takes 91% less energy to recycle a pound of plastic than it takes to recycle a pound of paper.
- ⇒ Plastic bags consume 40% less energy to produce.
- ⇒ Paper bags take only one month to biodegrade, plastic bags take 100 years.

Many communities are switching to **single-stream recycling**. This system makes it possible to combine all approved paper, plastic, glass, and metal in one recycling container. Streamlining collecting saves towns money and increases the rate of participation. You can watch an animated video of how the items are automatically separated and then broken down at

Upcycling is an elevated form of recycling. Upcycling gives discarded items a new and longer life—repurposing materials without breaking them down. For example the company Terra Cycle (terracycle.net) solicits plastic bags, drink pouches, and cookie wrappers and turns them into backpacks, tote bags and other useful prod-

Reducing packaging has less impact on the environment, offers a cost savings to manufacturers and is less work for consumers. Laptops sold in fabric bags and shampoo sold in recyclable pouches are just the beginning of this latest trend. If you have packing materials to dispose of, you can post them on freecycle.org and go to loosfillpackaging.com to find local stores that will take packing peanuts.

Over the last few years compact fluorescent lights (CFLs) have seen improvement in their light quality and fit. Be on the look out for even more energy efficient bulbs with the updated Energy Star program requirements. See energystar.gov for a list of 17,000 energy-efficient light fixtures and choose the "light guide" to find ways to maximize your use of CFL bulbs.

Hold a bucket underneath your shower head for about 20 seconds. If more than one gallon accumulates, you need a **water efficient shower head**.

Put a few drops of blue food coloring in your toilet tank. Do not flush. If color appears in the bowl within 10-15 minutes you have a leak. To repair it, the flapper or valve seat may need to be cleaned or replaced.



Crayons

Leave the labels on and send to the National Crayon Recycle Program www.crazycrayons.com. So far they have recycled 45,000 pounds of cray-

Formal Wear

Donate to www.operationfairydust.org or www.catherinescloset.org which will give them to girls who can't afford

iPods

Bring them to your closest Apple store. They will break your used iPod down for parts. You will get a 10% discount on a new one if you buy it the same day.

Sneakers

Send any kind of old sneakers to Nike which will recycle them into sports courts for kids around the world. www.letmeplay.com/

Stereos, TVs and VCRs

Visit www.earth911.org for a list of stores, manufacturers and drop-off locations that will accept electronic equipment.

Wine Corks

Plastic corks are not recyclable, but natural corks can be composted or sent to a company that makes them into floor and wall tiles. <http://www.yemhart.com/news+/>

Juice Pouches

TerraCycle will donate between one and two cents per pouch you send them to a charity of your choice. www.terracecycle.net/brigades

Printer Cartridges

These can sit in a landfill for up to 450 years! Bring yours back to Staples for a \$3 credit (received quarterly) or check with your local school to see if they would appreciate the donation.

Should you pay your bills online?

You probably have gotten email notices or read that paying your bills on line will save time, money and the environment. The question is, is it safe?

Information is encrypted when it is sent electronically. You will know a page is secure when the URL address starts with "http" and there is a padlock icon next to it. Make sure you have good virus protection software, such as a firewall and anti-virus and anti-spyware programs. You should never click on a link in an e-mail. Instead open your browser and type in the Web site address to log in.



There are several ways to electronically authorize money to be transferred. The first is bank-based. You log into your bank's website and direct them to make an electronic payment. Many banks offer online bill paying free, but some charge a monthly service fee. You can also log in directly to your vendor's web site to pay your bill. You type in your bank account or credit card number and you can print a confirmation. Another way is through a third party website such as paytrust.com or quicken.com. You enter your bank account and bill information into their data base and set up automatic payments. It's convenient and summaries are sent to your email each month.

You can also sign up to have bills and bank statements sent by email. Still unsure? You might try one vendor to see how it works for you.

*"It is no longer good enough to cry peace,
we must act peace, live peace, and live in peace."
Shenandoah*



What Others Are Saying

Always Have Hope

When you struggle for answers,
and are trying to cope,

Believe in your heart,

Always have hope!

Hope takes you farther, is ready to go,
Hope holds the vision, when others say no.

Hope is the river, strong, full and deep,
Hope knows no limits, no mountain too steep,

Hope for a treatment, hope for a cure,
Believe in a miracle, holy and pure.

Hope hangs on, believes in the best,

Hope is a journey, each minute a test.

When your spirit is weakened,
and you're trying to cope,

Believe in your heart,

Always have hope!

RoJeanne Doege-Floyd

RoJeanne Doege-Floyd is the mother of Jasmin, who was born with a very rare bone disease, Fibrodysplasia Ossificans Progressiva or FOP. FOP is a rare genetic disorder that causes bone to form in muscles and across joints, restricting movement and eventually forming a second skeleton. Jasmin and her parents began the Jasmin Ariel Creations Company, creating calendars, stationary, greeting cards and other products to raise awareness and funding for FOP research. They live in Woodstock, CT. www.jasminariel.com

"If we have no peace, it is because we have forgotten that we belong to each other"

Mother Teresa

Aren't They All Our Children?

Aren't they all our children? Those who live under our roof and those who reside with another family? Those to whom we are related as well as those whom we have never known?

Aren't they all our children? Those on our side of the border as well as those on the other side? Those of our nation no more or less than those of another?

Aren't they all our children? Those who worship like us and those who worship differently? Those who look like us and those who do not?

Aren't they all our children? The well-educated and the under-educated? The well-fed and the under-fed? Those who are secure and those who are at risk?

Aren't they all our children? The highly valued and highly esteemed as well as the castaways and the lost?

Aren't they all our children? Aren't they all our responsibility? ALL of them? Ours to nurture? Ours to protect? Ours to love?

I don't think it is an exaggeration to say that the survival of the world hinges on the answer to that question.

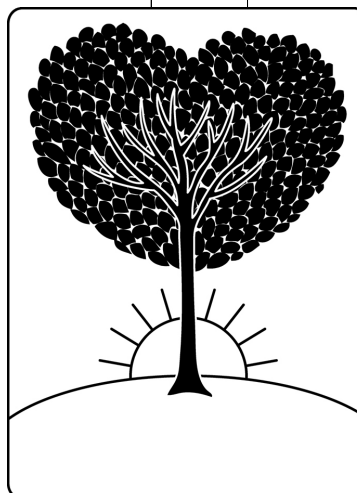
To say they are NOT all our children is to condemn the world to more struggle-family against family, group against group, nation against nation.

Aren't they all our children? If we say yes, can we ever again pit them against each other?

There may be no greater question for our generation. How we will answer that question will determine the shape of our world for years to come.

Steve Goodier

from www.LifeSupportSystem.com



Curriculum of Hope for a Peaceful World

Newsletter Subscription Form

We believe that none of our modern-day technologies quite matches the sensory immediacy and intellectual interaction of a printed page as you hold it in your hand and sit in your favorite spot and read. Thus we remain committed to providing a printed publication. We hope to continue to publish our Newsletter in the traditional way, so that it arrives in your mailbox at regular intervals, just like an old friend. We want to be able to continue to connect with each of you with issues and ideas that help you be an active peacemaker.

Our 2009-2010 subscription fee remains at \$5.00. This covers only our cost for paper, printing, and postage. All tasks associated with creating, compiling, editing, and the mailing process are done by volunteers.

Some subscribers forget to send their renewal regularly and then send a generous check. Others send extra money each year with notes valuing our work and wishing to help sustain it. Yet others send no money, but pass our Newsletter on to many others. We value all of you!

Your subscription fees are augmented by an ongoing monetary commitment from the Connecticut State Organization of The Delta Kappa Gamma Society International. Thanks to their generosity, and your help, we have been able to continue our work for over 23 years and distribute over 900 copies to readers in 21 countries per issue, even while occasionally on the brink of financial insolvency.

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<p>Send your remittance to: Jeanne Morascini Curriculum of Hope for a Peaceful World 9 Old Willimantic Rd. Columbia, CT 06237</p>

This newsletter is published three times annually by The Committee on a Curriculum of Hope for a Peaceful World. We are a Standing Committee of Alpha Kappa State (Connecticut) of The Delta Kappa Gamma Society International, an honorary organization of key women educators in sixteen countries. Our purpose is to promulgate peace-making resources and to develop peace programs for children and adults.

Networking

The **Teaching and Learning for Peace Foundation** www.tlpeace.org.au has created an on-line collaborative teaching tool or **Moodle** that is hosted at **OzProjects** <http://www.ozprojects.edu.au/course/view.php?id=66>. The Foundation utilizes peace-building stories in its activities. This particular **Moodle** is based on a story called **Turtle Dreaming**. It refers to the plight of the snake-necked turtles. The plight of the snake-necked turtle is representative of the issues facing the Murray River in Australia. The project explores peace-building ways in which individuals and communities can work together to resolve problems. Students can individually read the story or work with their teachers and class to discuss the different story endings and then create their own to share with others. Please take a moment to view and give input.

Thank you, Ann Mason
Teaching and Learning for Peace Foundation, Australia

Fran Schmidt, noted author, speaker, trainer of teachers and expert in peace education and conflict resolution is looking to form a creative team of animators, marketing people, and early childhood specialists to make her Gopher Peace stories come alive on the internet. Interested? You can visit Gopherpeace.org and email Fran at

WE WELCOME contributions to our features Resources, Ideas, Caring for Our Planet, Opportunities, Peacemakers at Work, and What Kids are Saying. We also welcome guest contributors to our Founder's Message. Please send your contributions, comments, and suggestions to one of the members below. Our intent is to promulgate resources and information, not to endorse products.

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