

# Stand Right Up

Tune: Take me out to the Ballgame

Words by Janice Moen

1 C G7 C

Stand right up and do stretch - - es. Stand and

6 G7 A

reach for the sky. \_\_\_\_\_ Shake out your legs and your

11 Dm D G7

arms as well. With ex - er - cize you'll be feel - ing just

16 C G7

swell. Don't for - get your neck in the pro - cess. Just

21 C F

make a cir - cle or two. \_\_\_\_\_ Then we'll all

26 C F G7 C

try touch - ing out toes and sit down re - - newed.